Helping Generation Sext™
A Global Prevention-Love Ed. Movement™ For Youth

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I have no disclosures.

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50% OF TEENS FEEL THEY ARE ADDICTED TO THEIR MOBILE DEVICES

Kelly Wallace, CNN Health. July 29, 2016,

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Let’s try something…

Open your App Store (if you have an iPhone) and Type in “Calculator+”

What do you find?
Secret Apps

For...

Sexting, sexual hook-ups, bullying, sexual exploitation, hiding photos

Targets...

Children and Teens
Sexting

“1 in 6 teens with a cell phone has received a sexually suggestive image or video of someone they know”

“15% of teens who have sent or posted nude/semi-nude images of themselves send these messages to people they have never met, but know from the Internet.”
Sexting…
ammunition for revenge.

The victim suffers from depression, engages in self-harm, and sometimes, tragically, completes suicide.
Sexting…(self-produced child porn) a felony charge.

"You could be charged with creating and distributing child pornography, even though it’s just a picture of yourself. If you are the boyfriend with that picture on the phone, you could be charged with being in possession of child pornography."

-Donald S. Strassberg
Professor at the University of Utah's Dept of Psychology

Survey says…

 teens don’t care about consequences

Many teens believe sending or receiving nude photos is harmless, most don't see the potential problems such actions can create until it gets to the point that law enforcement become involved.

"If you think saying that you didn’t know it was against the law to send or receive nude photos of someone who is underage will spare you the consequences, you are wrong."

-West Valley Police Spokeswoman Roxanne Vainuku

You have to wonder....

Where does adolescent sexual experimentation online end… and online sexual exploitation and abuse among teens begin?


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Cyberbullying… There Is No Escape

- Happens 24/7
- Cyberbullying or Cyberharassment is a form of bullying & includes posting rumors about a person, threats, sexual remarks, disclose victims' personal information, or pejorative labels (i.e., hate speech)
- Sextortion
“A 2016 report from the Cyberbullying Research Center indicates that 33.8% of students between 12 and 17 were victims of cyberbullying in their lifetime…

Conversely, 11.5% of students between 12 and 17 indicated that they had engaged in cyberbullying in their lifetime.”

WHAT IS THE IMPACT OF
GENERATION SEXT™?

• Creation of Child Sex Abuse Victims & General Trauma
• Creation of Young Perpetrators
• Social, Psychological & Physical Impact on Families & Communities
If Sex Is Everywhere....

- Strangers
- Apps
- Internet… PORN
- Media… TV
- Books… “50 Shades”
- Siblings
- Peers

"Today porn has become a stand-in for sexual education, particularly in the U.S. Given that in 2014, 76% of US public and private high schools taught abstinence as the most effective method to avoid pregnancy and 88% of schools allow parents to exclude their children from sexual health education, reliance on porn for sexual education is unsurprising."

And most programs respond AFTER the abuse occurs…

- Most of our community services and programming focus on responding to these issues AFTER the abuse occurs…

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PREVENTION IS THE INTERVENTION™!

What we need is PREVENTION!

“Although there is increasing recognition that sexual abuse is a preventable public health problem, practitioners and researchers have focused little on how we could target services to help prevent the emergence of this social problem.”

- Brown & Saied-Tassier, 2015, as cited by Allardyce et al.
What does prevention look like?

How do we target those vulnerable to the issues?

How do we respond quickly and effectively to the signs of emerging problems?
The Teen Prevention Project.™

- A multi-national prevention effort
- Helping Generation Sext™ model provides psycho-educational interventions and outpatient therapeutic support for juveniles and young adults in and out of the criminal justice system with problematic sexual behavior
- Diversionary program for the school to prison pipeline
- Restorative Justice Theme
  - Reducing the impact of criminogenic influences as well as strengthen protective factors
Learning Disabilities and Neuro-Diversity

- Learning disabilities, developmental delays, and neuro-diverse traits (hfASD and Asperger’s Syndrome) can significantly impact social, relational, and sexual development.

“Young people with learning disabilities and autistic spectrum disorders are over-represented in studies of young people who display harmful sexual behavior”

–Hackett, 2014, as cited by Allardyce et al.

Helping Generation Sext™

- **Education & Outreach for Professionals & Parents**
  - Presentations with case workers, educators, school administrators, therapists, school counselors and parents tools for teaching their youth to be responsible on-line users
  - Educate parents and families on ways they can support their teens by developing on-going open communication void of shaming
  - Increase awareness of the issues to address with teens: Intimacy Education Topics

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Helping Generation Sext™
The Love Ed. Movement™

- Education & Outreach for Teens and Millennials
  - What is Real Intimacy?
  - Healthy sexuality and relationships for Generation Sext™
  - Developmentally appropriate knowledge, therapeutic support, and advice about healthy sexuality and real intimacy.
The Love Ed. Movement™

- Acceptance over Judgement
- Empathy over Shame
- Independence over Suppression
- Connection over Dismissal
- Modeling in the context of real intimacy
- Providing a safe and confidential space to support teens

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Our Intimacy Education™ curriculum

- INFORMED CONSENT
- EMPATHY
- MUTUAL RESPECT
- CONNECTION
- HEALTHY COMMUNICATION
- HEALTHY BOUNDARIES
- HONESTY AND TRUST
- WHAT LOVE IS AND IS NOT
- CONFLICT RESOLUTION

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The **Love Ed™** Approach

- Topics are presented to teens in short time periods (1 hour max).
- Conversational presentations with interactive exercises and video clips to model healthy communication while keeping their attention.
The Love Ed™ Tips

LOVE ED. TIP 959
CYBER IS FOR SPACE... NOT BULLYING. BE KIND.

LOVE ED. TIP 952
YOU ARE A PERSON, NOT A PICTURE

LOVE ED. TIP 47
RESPECT MEANS KIND WORDS AND KIND HANDS

LOVE ED. TIP 17
UNCONSCIOUS IS NOT CONSENT

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JOIN THE LOVE ED. MOVEMENT™!

SIGN UP AT THELOVEEDMOVEMENT.ORG TO RECEIVE WEEKLY BLOGS FOR PARENTS AND TEENS!
Contact us to present at your school, church, state or residential program, professional organization, about on-line safety for teens

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