**General Human Sexuality Educational Requirements (no less than 90 clock hours, \*indicates 3 hours of training required**

**Please list title of training in blanks**

**1) Sexual Development, Anatomy, Physiology and Reproduction**

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| **Category: Sexual Development across the life-span from a biological, psychological, and social perspective\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Sexual and Reproductive anatomy and physiology\*** |  |  |  |  |
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| **Sexual response cycle and models of sexual desire\*** |  |  |  |  |
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| **Theories explaining individual differences in sexuality\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Conception and Childbirth** |  |  |  |  |
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**2) Sexual Health Challenges**

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| **Category: The Influence of Health and Medical Factors on Sexuality\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Sexual functioning challenges and dysfunctions\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **The interaction of substance use/abuse and sexuality\*** |  |  |  |  |
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| **Sexually transmitted Infections \*** |  |  |  |  |
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| **Sexual Exploitation, abuse, harassment and assault \*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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**3) Sexual Identity and Expression**

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| **Category: Issues related to sexual orientation and impacting sexual minorities\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Issues related to gender identity and gender roles\*** |  |  |  |  |
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| **Diverse sexual expression and lifestyles\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Social, Economic, cultural, religious/spiritual, and familial factors influencing sexual behaviors and values\*** |  |  |  |  |
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| **The interaction of technology and sexuality\*** |  |  |  |  |
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| **Pleasure enhancement skills, techniques and tools\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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**4) Intimacy and Relationships**

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| **Category: Relationship dynamics and intimacy skills\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Sexual Communication between partners\*** |  |  |  |  |
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| **Negotiating differences in sexual desire, interests, preferences and values between partners\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Models of effective communication** |  |  |  |  |
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**5) Professional Development**

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| **Category: Ethics\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Professional Communication skills\*** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **History of the research, theory, and treatment concerning human sexuality** |  |  |  |  |
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| **Methods and Principles of sexuality research** |  |  |  |  |
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| **Careers in human sexuality** |  |  |  |  |
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**SARS or similar (must be 10 hours total, in no less than 3-hour increments)**

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| **SARS or similar** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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**Certified Sexual Wellness Therapist (CSWT) Specific Trainings**

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| **Category:**  **Theories and methods of sex therapy relating to sexual wellness and functioning (10hours)** | **Date** | **Hours** | **Education group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Assessment and diagnosis of psychosexual disorders**  **(10 hours)** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Relationship intervention for problems implicating sex and intimacy (10 hours)** |  |  |  |  |
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| **Sex therapy interventions techniques including arousal disorders, desire disorders, orgasmic disorders, paraphilic disorders, pain and discomfort, sexual orientation/identity, medical/disability concerns and sexuality (25 hours)** | **Date** | **Hours** | **Education Group** | **CE Body (e.g. APA, NBCC, NASE, ASWB)** |
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| **Limits of Competence, ethics, legal concerns, and standards of care for sexual functioning and wellness therapy (5 hours)** |  |  |  |  |
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