

**all conference times are central time (utc-6)*



SASH VIRTUAL CONFERENCE 2020
October 15-17th, 2020

**nobody ever
told me that!**

SEXUAL HEALTH FOR GROWN-UPS

SASH SOCIETY FOR THE
ADVANCEMENT OF
SEXUAL HEALTH

Hello from SASH Virtual Land!

I'm sure you have heard, that 2020 continues to set precedents. At SASH, I am proud to be making history with our first ever virtual conference. Moving to an online platform is full of challenges but the opportunities outweigh the difficulty and it is sure to create a new level of interest. The ability to reach a larger global audience brings the SASH mission to life. We are fortunate to be able to reach so many. The Conference Committee has worked exceptionally hard to select a comprehensive and diverse line up of presenters.

And if being able to reach more people wasn't enough, I am excited to welcome some of our colleague friends from AASECT, ATSA and SSSS to our learning community. I can't think of a better way to honor the SASH vision of a world where we can have an open, informed and inclusive conversation about sexual health without fear of stigma or shame. The #JointheConversation Presidents panel will allow attendees to learn more about our colleagues and perhaps correct some misconceptions. Friday presentations will have two separate breakout sessions specific to ATSA and AASECT. Who knows, maybe those presentations will light an unlit flame for a new patient population in your practice.

Elizabeth Smart will join us to share her personal story of triumph after her traumatic abduction. And Bill Herring, our 2019 Carnes Award winner, is back to discuss 'The Framework for Categorizing Problematic Sexual Behavior'. Both Keynote sessions are great additions to any conference schedule.

We close the conference with the 'What's in a Name' panel featuring Dr. Eli Coleman, Dr. Alex Katehakis, and Dr. Marty Klein where different models of treatment will be explored.

The annual Sexual Health Awareness sessions- which are open to the public- are being held in two time slots this year to allow busy working families time to attend these important sessions. Kristen A. Jenson from 'Protect Young Minds', Cat Etherington from 'The Naked Truth Project' and Gaelyn Emerson from 'Women Ever After' will all have messages that can help families. I am grateful to be able to offer these sessions annually so individuals can experience hope and healing.



And we can't forget our sponsors. While our exhibit area will look a little different this year, you will definitely want to drop in. During the breaks, our sponsors will host a breakout room with short topics of discussion presented by "brand ambassadors." Think of it as speed learning at the highest level. It will be hard to choose whose room to visit. You won't want to miss any of them.

I look forward to seeing you in our virtual world and sharing in the excitement of another great SASH conference.

Sincerely,

A handwritten signature in black ink that reads "Leah M. Briick".

Leah M. Briick, PhD

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Welcome to the 2020 SASH Annual Conference!

As the conference chair, I welcome you to the Annual Conference of The Society for the Advancement of Sexual Health – our 1st online meeting. Founded in 1987 by Patrick Carnes, Richard Santorini and Ed Armstrong, SASH's initial mission was to be a membership organization for people concerned with sexual addiction problems. Today SASH continues to evolve beyond that initial vision. It is a multidisciplinary, international organization dedicated specifically to healthy sexuality and helping individuals and families dealing with problematic sexual behavior. To that end we are therapists, coaches, educators, social workers, doctors, nurses, authors, researchers, speakers, trainers, administrators and recovering people.

The theme of this year's conference – ***Nobody Ever Told Me That! Sexual Health for Grown-ups*** – reflects the ongoing evolution of SASH as an organization focused on healthy sexual attitudes, behaviors and beliefs. SASH had hopes of bringing that theme and our meeting to Seattle, but the pandemic and the wildfires in the Pacific northwest forced us to change plans. SASH sends its wishes for health and safety to our friends in the Seattle region. We will be back next year.

Since May when we decided to move to an online format, the conference committee has worked tirelessly to bring you an online experience that mirrors the in-person conference as much as possible. We have keynote speakers, expert presentations, panel discussions, roundtables and even a virtual exhibit hall. As you look at your schedule, please make sure to log into our keynote presentations by Elizabeth Smart and Bill Herring, the 2019 Carnes Award winner. Also join us for the first ever **#JointheConversation** Presidents Panel with the Presidents of SASH, AASECT, SSSS, and ATSA discussing our common vision of advancing conversations about sexual health.

Finally, we want to thank our exhibitors and sponsors. Words cannot express our appreciation for your ongoing support to SASH and dedication to our shared mission of promoting the many facets of sexual health.



Enjoy the next few days. Take Zoom breaks when needed but come back ready to be inspired.

Steve Devlin, PhD

Chair - Conference Committee

PS. See you in Seattle next year (Hopefully!)

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Discover
Hope
and
Healing



Program Features

- Sexual Addiction Residential Treatment for Adult Males (18+)
- 4 to 6 week Treatment Program
- CSAT Trained
- Financing Available
- Treatment for impaired professionals, child pornography, & non-contact sexual offenders
- Safe & Secluded Facilities
- 28-day intensive sexual behavior risk evaluation for child pornography and non-contact sexual offenders

Treatment Modalities

- Individual Therapy
- Group Therapy
- Couples & Family Therapy
- Pat Carnes' 30 Task Model
- Cognitive Neuro-Restructuring Therapy (CNRT)
- Experiential Therapy
- 12-Step Support Group
- Principles of Recovery Seminars
- Mental Health Assessment
- Medical Evaluations

Conditions We Treat

- Pornography Addiction
- Sexual Addiction
- Depression and Anxiety
- Trauma
- Paying for escorts
- Behavioral Addictions (gambling, spending, etc.)
- Multiple affairs
- Exhibitionism/Voyeurism
- Compulsive Masturbation
- Online Hook-ups
- Cybersex and Sexting
- Love and Relationship Addiction
- Comorbid Substance Abuse Disorders



Matthew Hedelius
Psy. D.
LCSW, CSAT-S
Director



A. Todd Freestone
Psy. D.
LCSW, CSAT
Clinical Director



Jacob Stacy
CSW
CSAT-Candidate
Program Manager

paradisecreekrecovery.com
1-855-442-1912

WHO IS SASH

The Society for the Advancement of Sexual Health (SASH) is a non-profit organization dedicated to promoting an integrative approach to sexual health research, education and intervention that addresses the full spectrum, from problematic attitudes and behaviors to the pursuit of fulfillment, freedom and pleasure.

SASH's Vision Statement

SASH envisions a world where we can have an open, informed and inclusive conversation about sexual health without fear of stigma or shame.



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The SASH Board is comprised of a small group of distinguished members. They come from all walks of life and parts of the world and their service to the organization is volunteered.

THURSDAY, OCTOBER 15th

***all conference times are central time (utc-6)**

8:00 AM - 4:30 PM	VIRTUAL EXHIBIT HALL
8:30 AM - 4:30 PM	BREAK ROOM - BEND & STRETCH
8:00 AM - 10:00 AM	MORNING BREAKOUTS (<i>Crocker, Hedelius</i>)
10:30 AM - 12:00 PM	MID-MORNING BREAKOUTS (<i>Olsen & Schroder, York</i>)
12:30 PM - 1:30 PM	KEYNOTE SESSION (<i>Smart</i>)
2:00 PM - 3:30 PM	AFTERNOON BREAKOUT (<i>Neufeld-Ellis</i>)
3:45 PM - 5:15 PM	LATE AFTERNOON BREAKOUTS (<i>Freestone, Ellis</i>)
5:30 PM - 7:00 PM	MODERATED TABLE DISCUSSIONS (<i>Hentsch, Hovey, Cooper, Lacy, Love</i>)

FRIDAY, OCTOBER 16th

***all conference times are central time (utc-6)**

8:00 AM - 4:00 PM	VIRTUAL EXHIBIT HALL
8:00 AM - 3:30 PM	BREAK ROOM - BEND & STRETCH
8:00 AM - 9:30 AM	#JointheConversation PRESIDENTS PANEL (<i>Hedelius & Peterson & Fariello & Jumper</i>)
10:00 AM - 11:30 AM	ATSA BREAKOUTS (<i>Christopher, Jumper</i>)
12:00 PM - 1:30 PM	CARNES KEYNOTE (<i>Herring</i>)
2:00 PM - 3:30 PM	AASECT BREAKOUTS (<i>Kanaris, Laureano</i>)
4:00 PM - 5:30 PM	MODERATED TABLE DISCUSSIONS (<i>Hentsch, Hovey, Cooper, Lacy, Love</i>)
7:45 PM - 9:15 PM	SEXUAL HEALTH AWARENESS SESSION (<i>Jenson</i>)

SATURDAY, OCTOBER 17th

***all conference times are central time (utc-6)**

8:00 AM - 3:30 PM	VIRTUAL EXHIBIT HALL
8:00 AM - 3:30 PM	BREAK ROOM - BEND & STRETCH
6:00 AM - 7:30 AM	SEXUAL HEALTH AWARENESS SESSION (<i>Etherington</i>)
8:00 AM - 9:30 AM	SEXUAL HEALTH AWARENESS SESSION (<i>Emerson</i>)
8:00 AM - 9:30 AM	MORNING BREAKOUTS (<i>Knowlton, Rinearson & Annear</i>)
10:00 AM - 11:30 AM	MID-MORNING BREAKOUTS (<i>Logue, Sarr</i>)
12:00 PM - 1:30 PM	AFTERNOON BREAKOUTS (<i>Staley, Drax</i>)
1:45 PM - 3:15 PM	MID-AFTERNOON BREAKOUTS (<i>Susskind, Cooper</i>)
3:30 PM - 4:00 PM	AFTERNOON TEA WITH THE SASH BOARD
4:30 PM - 6:30 PM	WHAT'S IN A NAME PANEL (<i>Katehakis & Coleman & Klein</i>)

OBTAINING CE CREDIT

During the Conference: It is each attendee's responsibility to make sure they attend each session for which they are registered. To receive credit for attendance the session must be attended in its entirety. Late arrivals (10 min late) and early departures (10 min remaining) will not be granted credit for the session. No partial credits will be available for any session. When you login to the session, your attendance will be recorded. Should you experience technical issues, contact sash@sash.net for assistance. SASH is unable to adjust credits and attendance issues after the conference has ended due to strict compliance requirements by our accrediting organizations. It is your responsibility to make sure your attendance is recorded.

CERTIFICATES OF ATTENDANCE

Immediately following the conference, you will receive an email with a link to the conference evaluation. The link will contain only those sessions you attended and the required evaluation(s). Once all evaluations are complete, you will be able to print your CE certificate.

*Be sure to receive credits
for the seminars you attend!*



Thank You, Sponsors!



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Meadows Behavioral Healthcare is the industry leader in providing evidence-based treatment for people struggling with emotional trauma, drug and alcohol addiction, sex addiction, eating disorders, psychiatric disorders, and co-occurring conditions. Our continuum of specialized programs and therapeutic modalities unlock the greatest healing and address the trauma that drives self-destructive behaviors. www.meadowsbh.com | 800-244-4949



Paradise Creek Recovery Center is a 31-45 residential treatment center specializing in sexually compulsive disorders and trauma issues. We also address sex offending issues including voyeurism, exhibitionism and Internet child pornography. Treatment includes multiple individual & group psychotherapy sessions per week, family therapy sessions as indicated, Principles of Recovery Seminars, Biofeedback, EMDR, Music Therapy, Activity Groups, Ropes Course and 12 step meetings. We can also conduct indepth Sexual Behavior Risk Assessments for courts if requested. We follow an Interpersonal Neurobiology and Brain Plasticity model, believing that enduring changes takes place when the entire neurology of the person is treated. www.paradisecreekrecovery.com



The PCS Intensive is a trauma-focused program that has proven to quickly and cost effectively help clients with compulsive and addictive behavior, relationship difficulties and mood disorders. We provide 35 hours of individual therapy, 23 hours of group therapy and 9 hours of workshop per week. <https://pcsintensive.com>



Pine Grove's world renowned programs treat gender specific chemical addiction including a specialized track for co-occurring eating disorders and trauma. Additionally, Pine Grove offers an Intensive Outpatient substance abuse healing program for adults and a program specifically for those who are age 55 plus. Other Pine Grove specialty programs include a dedicated professional's treatment curriculum and a comprehensive evaluation center. Pine Grove also features a program for patients with sexual addiction. Other components include Adult Psychiatric plus Child and Adolescent Psychiatric inpatient units along with concurrent Outpatient services. Pine Grove has provided nationally and internationally recognized health care since 1984. www.pinegrovetreatment.com



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Begin Again Institute is a highly specialized program for sex addiction & intimacy disorders for men, offering trauma-focused two-week intensives as well as a simultaneous Partner Support Program, giving both parties the opportunity to receive healing and freedom from the devastation and trauma of betrayal and addiction.

Begin Again Institute (BAI) is a part of Integrative Life Center (ILC), a small, privately owned treatment center dually licensed to treat men and women 18-years and older struggling with mental health and addictive disorders. ILC offers a full continuum of care, providing a myriad of treatment modalities tailored to meet the individual needs of each client. Both ILC and BAI share a treatment philosophy of treating the root cause of a person's behavior holistically using evidence-based approaches with integrative and experiential modalities.

www.beginagaininstitute.com

CONTRIBUTING SPONSORS

American Association of Sexuality Educators, Counselors and Therapists (AASECT)

www.aasect.org

Founded in 1967, the American Association of Sexuality Educators, Counselors and Therapists (AASECT) is devoted to the promotion of sexual health by the development and advancement of the fields of sexual therapy, counseling, and education. AASECT's mission is the advancement of the highest standards of professional practice for educators, counselors and therapists. AASECT affirms the fundamental value of sexuality as an inherent, essential, and beneficial dimension of being human. AASECT accepts as its mission the advancement of the highest standards of professional practice for educators, counselors and therapists. In general, AASECT opposes all psychological, social, cultural, legislative, and governmental forces that would restrict, curtail or interfere with the fundamental values of sexual health and sexual freedom that we espouse. AASECT also opposes all abuses of sexuality including, but not limited to, harassment, intimidation, coercion, prejudice, and the infringement of any individual's sexual and civil rights.

The American Association of Sexuality Educators, Counselors and Therapists (AASECT) is a not-for-profit, interdisciplinary professional organization. In addition to sexuality educators, sexuality counselors and sex therapists, AASECT members include physicians, nurses, social workers, psychologists, allied health professionals, clergy members, lawyers, sociologists, marriage and family counselors and therapists, family planning specialists and researchers, as well as students in various relevant professional disciplines. These individuals share an interest in promoting understanding of human sexuality and healthy sexual behavior

Association for the Treatment of Sexual Abusers (ATSA)

www.atsa.com

The Association for the Treatment of Sexual Abusers is an international, multi-disciplinary organization dedicated to making society safer by preventing sexual abuse. ATSA promotes sound research, effective evidence-based practice, informed public policy, and collaborative community strategies that lead to the effective assessment, treatment, and management of individuals who have sexually abused or are at risk to abuse.

ATSA's members include treatment providers, researchers and educators, victims' rights advocates, law enforcement and court officials, and representatives of many other stakeholder groups. The core values that guide ATSA are professional excellence, community safety, collaboration, and advocacy. ATSA promotes the philosophy that empirically based assessment, practice, management, and policies enhance community safety, reduce sexual recidivism, protect victims and vulnerable populations, transform the lives of those caught in the web of sexual violence, and illuminate paths to prevent sexual abuse.

The Society for the Scientific Study of Sexuality

www.sexscience.org/content.aspx?sl=1586414969

The Society for the Scientific Study of Sexuality is dedicated to advancing knowledge of sexuality and communicating scientifically based sexuality research and scholarship to professionals, policy makers, and the general public. SSSS fosters a worldwide community of diverse professionals committed to a scholarly and scientific approach to acquiring and disseminating accurate knowledge of sexuality. As a Society, we believe that freedom of inquiry is essential for the promotion of human welfare and the reduction of ignorance and prejudice about sexuality.

LOOK Assessment, LLC

www.lookassessment.com

We are an iPad based application that measures sexual interests/attraction in sexual offenders. The tool is a viewing time measure that can be used at evaluation and through the course of treatment.

Good Clean Love

www.goodcleanlove.com

Since 2003, GCL has been helping women enhance their sexual pleasure and improve their reproductive health, all without toxic substances like petrochemicals, parabens and hormones found in most personal lubricants and feminine hygiene products. We were the first company to develop an organic personal lubricant which was named the safest lubricant on the market in a National Institutes of Health (NIH) study. Working with scientists from Johns Hopkins University, we developed Bio Match™, a revolutionary formula in our feminine hygiene and vaginal care products that matches optimal vaginal pH and salt balance. And we keep on innovating to improve the lives of women of all ages and stages. Good Clean Love also offers sampling opportunities for healthcare professionals and those who work in the sexual wellness realm. To inquire about how your practice can receive samples, please contact healthcare@goodcleanlove.com.



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SEXUAL HEALTH

8:00 AM-4:30 PM Virtual Exhibit Hall

SPONSOR BRAND AMBASSADORS

Join our sponsors in our virtual exhibit hall and hear from their brand ambassadors as they speak on a diversity of topics. Each sponsor will have a dedicated time in which to share more from their organization. Multiple sponsors and multiple breakouts during each break. Get ready to hear from these experienced professionals and increase your knowledge on specific areas related to sexual health.

** No CE credit for sponsor breakouts.*

8:00 AM-4:30 PM BREAK ROOM Bend & Stretch

VIRTUAL BREAKROOM

Join conference attendees in our virtual breakroom and enjoy networking and conversation with your colleagues.

8:00-10:00 AM MORNING BREAKOUT

GENDER DEVELOPMENT AND SUPEREGO PATHOLOGY AS IT RELATES TO OCSB: FROM VICTIMHOOD TO EMOTIONAL LITERACY & AGENCY

Michael Crocker (90 minute session)



If a client cannot experience guilt, should we shrug our shoulders and claim him to be a sociopath or psychopath. No, we should not. Even those labels are misnomers and much more complicated than what we make them out to be.

It has been theorized how the search for punishment could act as a defense against the affectual experience of guilt. So many of our clients state they deserve to be thrown out of the house, beaten, cursed at, kept from their children, subjugated; and yet their guilt is not experienced. They instead focus on the punishment, both feeling they deserve it, yet feeling victim to it. The defense against true guilt- both historical and contemporary- is defended by the need for punishment. Guilt brings with it sadness and often regret. The desire for punishment can be stimulating, exciting and result in defiance and destruction. It doesn't work. It is often part of the cycle of sexual compulsion.

Additionally, men are socialized out of their emotions. This puts them at a terrible disadvantage in terms of emotional literacy and the capacity to use their feelings relationally. Clinically, men must be trained to feel. As clinicians at the 'Sexuality, Attachment and Trauma Project', we are beginning to realize we must be more active with the men that create punishment in their lives and then assume that this punishment is 'deserved' while still lacking awareness of guilt, grief and/or agency. We have to help them find their way.

**CPSBT1c*

PSB 101-FOR PROFESSIONALS

Matthew Hedelius (90 minute session)



This seminar is for professionals both new to the field of sexual health and already working in it. It addresses various labels for problematic sexual behavior as well as categorizing the types of behaviors for which people seek treatment. Sexual behavior that is problematic for some people may not be for others, and attendees will be given a framework to help them distinguish potential problems from healthy sexual behavior, as well as a list of potential risk factors that appear to contribute to the development of problems. Participants will review recent research on the effects of internet pornography, including effects on the brain, as well as the new diagnosis called "Compulsive Sexual Behavior Disorder" to be implemented via the World Health Organization's upcoming diagnostic manual, The International Classification of Diseases (ICD-11). Finally, attendees will learn about treatment options, plus support options for those affected and their partners.

**CPSBT1a (60 mins)*

*AND *CPSBT1b (30mins)*

10:30-12:00 PM MID-MORNING BREAKOUT



WHY TALKING ABOUT SEX IS ESSENTIAL FOR PARTNER HEALING: A POSTTRAUMATIC GROWTH MODEL FOLLOWING INTIMATE BETRAYAL

Shira Olsen with Co-Presenter Victoria Schroder (90 minute session)



Research suggests that posttraumatic growth, a transformative process that impacts one's self-awareness and maladaptive core beliefs following trauma, can produce significant emotional and relational benefits (Tedeschi & Calhoun, 2004). In the case of intimate betrayal, an overlooked opportunity for posttraumatic growth lies in making changes to existing and potentially psychologically damaging beliefs around sexuality.



Betrayed partners often report significant distress around their sexuality as well as their partners. Such distress can include; adverse beliefs about eroticism (fantasy and stimuli), negative perceptions of their bodies, distressing intrusive thoughts and images relating to sexual acts, maladaptive beliefs regarding sexual desire and masturbation, and depersonalization during sexual activity. Furthermore, partners often avoid conversations about sex with their significant other and/or therapist which can maintain symptomatology, fuel feelings of guilt and shame when they do engage in sexual acts and perpetuate stigma and negative schemas around sex. In turn, this maladaptive narrative around sexuality reinforces unhealthy core beliefs and perpetuates trauma suffering.

Current partner trauma treatment models lack an in-depth integration of sexual health. Moreover, they tend to shy away from embracing conversations about sex, overtly perpetuate sexual myths and misinformation, and unintentionally encourage avoidance of conversations about sexuality until much later in treatment. These models, albeit well-meaning, may inadvertently be reinforcing beliefs about what constitutes "unhealthy sexuality." We propose a more inclusive treatment model that is in line with current research and uses posttraumatic growth principles to foster healing and necessitate discussion of healthy sexuality as part of the growth process to resolve trauma after intimate betrayal.

**CPSBT1d (30 mins) OR *CSRTT1d (30 mins)*

*AND *CPSBT1d (30mins) OR *CSRTT1a (30 mins) OR *CSRTT1d*

*AND *CPSBT1d (30mins) OR *CSRTT1d (30 mins)*



SEXUAL HEALTH AFTER TRAUMATIC BRAIN INJURY

Elizabeth York (90 minute session)



A traumatic brain injury, even a mild one, can affect many areas of one's life. Studies show that differing degrees of a variety of effects can include; cognitive and memory issues, emotional instability, depression, plus various other effects occurring after a brain injury from mild concussion to severe TBI. Studies have also shown that TBI can lead to sexual dysfunction including changes in desire, energy and libido, ED, changes in ability to achieve erection or orgasm, intimacy and relationship issues, and more. This presentation

helps professionals recognize the symptoms of sexual dysfunction, discusses the research, and presents an opportunity to learn more about TBI and how to help those experiencing its symptoms and effects.

**GHS2a*

12:30-1:30 PM KEYNOTE SESSION

OVERCOMING ADVERSITY AND NOT LETTING THE PAST DEFINE YOUR FUTURE.

Elizabeth Smart (60 minute session)



Come hear Elizabeth speak about her journey of recovery and her message of hope and healing.

Approved for NYSE: No

Approved for APA Credit: No

Approved for NASW: No



The **PCS Intensive Therapy Program**

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7530 E Angus Drive. Scottsdale, Arizona 85251

2:00-3:30 PM AFTERNOON BREAKOUT

MINDFUL SELF COMPASSION FOR THE CLINICIAN AND THE CLIENT

Sue Neufeld-Ellis (90 minute session)



Experience a sample of a Mindful Self-Compassion practice that will assist you, as a clinician, as well as your clients, in dealing with stress, uncomfortable feelings, and unwanted behaviors. These practices can also assist you in becoming calmer and more resilient. I will present some of the history and research, as well as what Mindfulness and Inquiry both "is and isn't". I will share how I have used it with clients who have Problematic Sexual behaviors/Partners/Couples and other addictive behaviors for the past 6 years.

*CPSBT1c

3:45-5:15 PM LATE AFTERNOON BREAKOUT

BRINGING THE DARK SIDE TO THE TABLE: A LOOK AT THE DARKER SIDE OF PORNOGRAPHY AND THE DARK WEB

A. Todd Freestone (90 minute session)



This presentation will address the darker sides of pornography. Topics covered will include; Deep Fake Pornography, Revenge Pornography, Snuff Pornography, Incest Pornography, Hentai, Child Sexual Abuse Images (formerly called Child Pornography), plus other classifications of pornography that clients with whom you will be working at some time in your practice may access. There will also be a discussion about the distribution methods of this type of pornography (The Dark Web) and why this is not eliminated. This presentation will also talk about the theoretical underpinnings of and the diagnosis of underaged sexual arousal patterns.

*CPSBT1a (30 mins) OR *CSWT1b (30 mins) OR *CSWT1div (30 mins) OR *CSOC1ci (30 mins)
AND *GHS3e (30 mins)
AND *GHS3e (30 mins) OR *CPSBT1b (30mins) OR *CSOC1a

"PILLS WON'T TAKE THE [STIGMA] AWAY": FOSTERING OLDER ADULT SEXUALITY BEYOND MEDICALIZATION

Crystal Ellis (90 minute session)



Less than 40% of adults over the age of 50 report having discussed sex with a physician. Doctors frequently report discomfort initiating sexual assessments with older patients due to assumed asexuality and other prioritized physical ailments. Over-prescribing erectile dysfunction medication mustn't be a universal "fix" for sexual dysfunction. Instead, physicians must address personal biases against sexually active older adults, and collaborate across disciplines to provide holistic care. This workshop helps physicians and health professionals effectively incorporate the "Do Ask, Do Tell" PLISSIT Model to assess sexual function, to encourage healthy conversations about sex, and to advocate for their patients' pleasure.

*GHS1a (60 mins) OR *GHS5b (60 mins) OR *CSWT1b (60mins) OR *CSWT1dvii (60mins)
AND *GHS3d (30 mins) OR *CSWT1b (30 mins) OR *CSWT1dvii (30 mins)



courses that are applicable to the sash credentials have this symbol

GHS=General Human Sexuality Requirements, required for ALL credentials
CPSBT=Certified Problematic Sexual Behavior Therapist
CSRTT=Certified Sexual and Relational Trauma Therapist
CSWT=Certified Sexual Wellness Therapist
CSOC=Certified Sexual Offender Clinician

5:30-7:00 PM MODERATED TABLE DISCUSSION

AN EMOTIONAL-DEVELOPMENTAL MODEL OF INTIMACY

Patrick Hentsch (moderated table discussion)



The Emotional-Developmental Model of Intimacy presents an original, coherent conceptual framework that provides insight into why and how partners unwittingly obstruct the intimate connection they need and desire. It exposes fundamental developmental and emotional factors and functions which inform a person's capacity to co-create and experience interpersonal intimacy.

This model has developed as a result of the author's empirical clinical experience in couples' counseling. It offers insight into the nature of the dynamic processes between partners that persistently obstruct the intimate connection that partners need. It addresses, in developmental and emotional terms, why and how all humans dynamically embody the paradox of both seeking interpersonal intimacy and avoiding it. It clarifies how the point of dynamic equilibrium between these opposite motivations maintains itself as a systems phenomenon in couples. Corrective pathways will be explored for both the counselor and their clients to disrupt and reorganize the point of equilibrium, leading to the possibility of more effective, intimate connection. While many couple counseling sessions are consumed by attempts to resolve content-based issues and differences, this author finds that in the majority of cases, the process-based issue is singularly universal: partners are attempting to resolve between each other—by misguided attribution of "cause and effect"—the self-contained paradox of seeking and avoiding intimacy within each partner. Vulnerability and authenticity are two original human states that are necessary for the effective development of self through relationships. This model exposes how developmental experiences and their emotions affect the individual's capacity to invoke those states.

**GHS4a (90 mins)*

HOW AM I SUPPOSED TO EXPLAIN THAT!: PHOTOTHERAPY CARDS IN THE ELICITATION OF EXPERIENCE

Diane Hovey (moderated table discussion)



There are some profound experiences for which words can fail. The use of PhotoTherapy cards helps unfold the reality of experience and achieve a new level of understanding and insight while both lifting the fog of ambiguity and taming chaos.

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GHS=General Human Sexuality Requirements, required for ALL credentials
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5:30-7:00 PM MODERATED TABLE DISCUSSION

SEXUAL ADDICTION OR BIPOLAR MANIA? FACETS OF SEXUAL COMPULSIVITY IN THOSE EXPERIENCING BIPOLAR MANIA.

Pete Cooper (moderated table discussion)



This will be a roundtable discussion about sexual compulsivity in those experiencing bipolar mania and if this sexual compulsivity is tantamount to sexual addiction or sexual trauma and if it should be treated as such or as separate entities. We are aware of universal themes of bipolar disorder. However, those who deal with it do so in their own unique way of how they experience it for themselves. Bipolar mania can take many different shapes and forms for those who deal with or suffer from it, and as we know, there are many different types and levels of severity of bipolar disorder. In this round table discussion, we are trying to pinpoint sexually compulsive behavior in those with bipolar mania and if this behavior could or should be classified and treated as a sexual addiction. The moderator will submit research supporting the existence of sexual addiction and attendees are encouraged to bring supporting research to discuss their position on how sexually compulsive behavior in those with bipolar mania should be treated.

**GHS2a (90 mins) OR *CPSBT1a (30 mins) OR *CPSBT1b (30 mins) OR *CPSBT1c (30 mins)*

WOMAN REDEEMED: HEALING SEXUAL TRAUMA

Janie Lacy (moderated table discussion)



This workshop will address the painful and addictive love and sex process that negatively impacts not only the love and sex addict, but also the individuals with whom they are in relationship. Topics include what happens in the brain that makes it hard to break the cycle, highlights of cultural factors and attachment patterns (attachment theory - John Bowlby) that lead to craving the perfect partner who will bring endless happiness, plus best practices to healing love and sexual trauma.

**CPSBT1a (60 mins)
AND *CPSBT1c (30 mins)*

HEALING FROM ATTACHMENT WOUNDS

Troy Love (moderated table discussion)



In this presentation, attendees are introduced to Attachment Wounds and associated negative core messages, written into the nervous system, which then become the filter for how life is viewed. We explore how shame promotes numbing behaviors, including compulsive sexually addictive behaviors. We also explore how "wound care" can help heal the wounds and thus change the paradigm in which we view the world.



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 - > **Dr. Laina Bay-Cheng** — University at Buffalo
 - > **Dr. Dustin Duncan** — Columbia University
 - Two symposia
 - > *"Troubling Orgasm: New Ways into Sexual Pleasure"*
 - > *"Sex and Relationships in the Time of the COVID-19 Pandemic"*



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8:00 AM-4:30 PM Virtual Exhibit Hall

SPONSOR BRAND AMBASSADORS

Join our sponsors in our virtual exhibit hall and hear from their brand ambassadors as they speak on a diversity of topics. Each sponsor will have a dedicated time in which to share more from their organization. Multiple sponsors and multiple breakouts during each break. Get ready to hear from these experienced professionals and increase your knowledge on specific areas related to sexual health.

* No CE credit for sponsor breakouts.

8:00 AM-4:30 PM BREAK ROOM Bend & Stretch

VIRTUAL BREAKROOM

Join conference attendees in our virtual breakroom and enjoy networking and conversation with your colleagues.

8:00-9:30 AM #JointheConversation PRESIDENTS PANEL



#JointheConversation PRESIDENTS PANEL

Panelists **Matthew Hedelius, Zoë Peterson, Chris Fariello, Shan Jumper**
(90 minute session)



Why are there so many sexuality organizations? It's hard to decide who to listen to, where to turn for accurate information and which to join. Wouldn't it be easier if we, as professionals, had one organization for all our information? SASH has long believed there is room at the table for all sexual health ideas and that the diversity of organizations are necessary to provide the public, professionals and clinicians with necessary information. To learn more about other viewpoints, SASH invited the Presidents of other non-profit sexuality organizations to join us for #JointheConversation Presidents Panel and share their vision of sexual health and wellness. The panel will also discuss how they believe their organization fits with others and how future collaboration can make sexual health a common topic and vision for all. Join the Presidents of SASH, AAECT, SSSS and ATSA in bringing us together.

*GHS5b (90mins)



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PERPETRATOR ACCOUNTABILITY IN THE TIME OF #METOO: INDIVIDUALS WHO OFFEND AND MOVING TOWARDS PREVENTION

Maia Christopher (90 minute session)



In order to establish robust and evidence based prevention of sexual abuse strategies, it is vital to understand and explore what contributes to a) the prevention of perpetration to begin with b) effective interventions to stop people from perpetrating sexual abuse c) what it means to hold individuals accountable for their offending behavior d) what policies are (in)effective supporting sexual abuse prevention e) effective communications that engage communities in prevention. The workshop will provide information pertaining to: the prevalence of sexual abuse, rates of reoffending, and risk and protective factors that can contribute to or protect individuals from perpetrating sexual abuse. We will then explore the concepts of perpetration accountability and policies and communication strategies that do and do not work to aid in the prevention of sexual abuse. Through this presentation and discussion attendees will explore and challenge their own perceptions of individuals who sexually offend, and assess ways in which current policies and practices positively or negatively contribute to sexual abuse prevention.

**CSOCf (60 mins)
AND *CSOCai*



SEXUAL VIOLENCE AND CIVIL CONFINEMENT

Shan Jumper (90 minute session)



This workshop will describe the indefinite confinement to mental facility of individuals based on predictions of future sexually harmful behaviors. The second-generation commitment laws, often referred to as 'Sexually Violent Predator' laws, began appearing in the 1990's as a legislative response to high profile, horrific sexual crimes. The procedure and trends of civil commitment in the United States will be described, as will approaches to assessing and treating such an individual's risk for sexual violence. The workshop will also focus on the challenge of establishing therapeutic rapport and motivation for change in persons mandated to the treatment setting and will discuss special populations presenting for treatment in civil commitment centers, such as transgender individuals, men on the autism spectrum. The ethical and legal ramifications for this controversial approach to sexual violence prevention will also be discussed.

**CSOC 1e OR *CSOC1f*



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12:00-1:30 PM CARNES KEYNOTE

A FRAMEWORK FOR CATEGORIZING PROBLEMATIC SEXUAL BEHAVIOR

Bill Herring (90 minute session)



Based on his article of the same name, which was awarded "Article of the Year" in the journal, *Sexual Addiction & Compulsivity*, this presentation describes a theory-neutral framework for categorizing varieties of problematic sexual behavior. It utilizes established measures of sexual health to arrive at a method for distinguishing forms of problematic sexual behavior without reference to the type and/or frequency of sexual activity, thus making it applicable to a diverse range of client populations. This framework includes five basic questions to enhance sexual health conversations about various forms of problematic sexual behavior. The framework avoids the use of labels in order to enhance inter-disciplinary collaboration across theoretical formulations. The framework is also used in the SASH "ATPSB" certificate training program.

**GHS2f (30 mins) OR *CPSBT1a (30 mins)
AND *GHS2f (30 mins) OR *CPSBT1b (30 mins)
AND *CPSBT1a (30mins)*

2:00-3:30 PM AASECT BREAKOUT

CYBERINFIDELITY: A TREATMENT MODEL FOR THE GREAT CHALLENGE TO CONTEMPORARY RELATIONSHIPS

Peter Kanaris (90 minute session)



Access, affordability, anonymity and portability have made the Internet a primary portal to infidelities and out of control sexual behaviors. The developments of the smart phone and social media have significantly exacerbated this problem. This workshop will present an innovative and effective model of treatment to address this issue that is becoming a much more common challenge to relationships. A clinical case presentation will be utilized to illustrate this treatment approach.

Participants will be able to describe and apply principles, concepts and methods of a conjoint model for the treatment of cyber infidelity.

**CSWT1c*

INTERSECTIONALITY: FROM THEORY TO PRACTICE

Bianca Laureano (90 minute session)



Intersectionality has become a buzzword used often and often misused. This session offers an overview of primary resources, common errors, and correction. We will discuss how this practice and theory has expanded, critiques, and ways to incorporate this lens into our work in the US Sexuality Field.

**GHS5a*



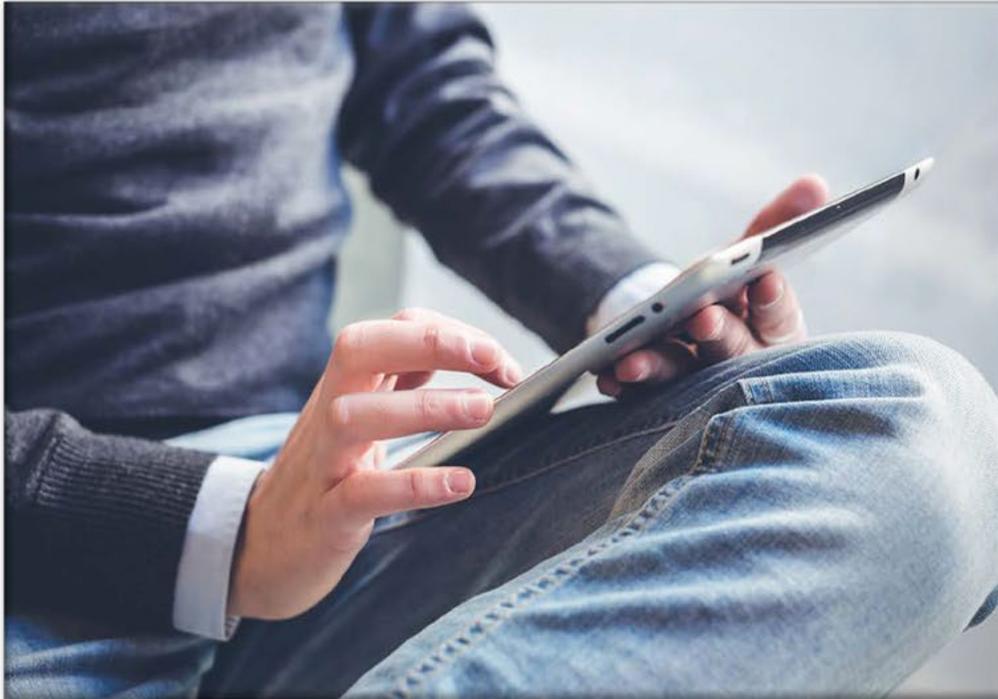
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Gary Reser, PhD, LPC

Owner, Forensic Evaluation & Treatment Services

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AN EMOTIONAL-DEVELOPMENTAL MODEL OF INTIMACY

Patrick Hentsch (moderated table discussion)



The Emotional-Developmental Model of Intimacy presents an original, coherent conceptual framework that provides insight into why and how partners unwittingly obstruct the intimate connection they need and desire. It exposes fundamental developmental and emotional factors and functions which inform a person's capacity to co-create and experience interpersonal intimacy.

This model has developed as a result of the author's empirical clinical experience in couples' counseling. It offers insight into the nature of the dynamic processes between partners that persistently obstruct the intimate connection that partners need. It addresses, in developmental and emotional terms, why and how all humans dynamically embody the paradox of both seeking interpersonal intimacy and avoiding it. It clarifies how the point of dynamic equilibrium between these opposite motivations maintains itself as a systems phenomenon in couples. Corrective pathways will be explored for both the counselor and their clients to disrupt and reorganize the point of equilibrium, leading to the possibility of more effective, intimate connection. While many couple counseling sessions are consumed by attempts to resolve content-based issues and differences, this author finds that in the majority of cases, the process-based issue is singularly universal: partners are attempting to resolve between each other—by misguided attribution of "cause and effect"—the self-contained paradox of seeking and avoiding intimacy within each partner. Vulnerability and authenticity are two original human states that are necessary for the effective development of self through relationships. This model exposes how developmental experiences and their emotions affect the individual's capacity to invoke those states.

**GHS4a (90 mins)*

HOW AM I SUPPOSED TO EXPLAIN THAT!: PHOTOTHERAPY CARDS IN THE ELICITATION OF EXPERIENCE

Diane Hovey (moderated table discussion)



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*AND *CPSBT1c (30 mins)*

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Troy Love (moderated table discussion)



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A Specialized and Comprehensive Approach to Addiction, Trauma, and Compulsive Sexual Behaviors

Meadows Behavioral Healthcare is a network of highly specialized programs including inpatient and outpatient treatment for drug and alcohol addiction, trauma, eating disorders, sexual addiction, behavioral health conditions and co-occurring disorders, as well as a whole range of stand-alone workshops.

Our innovative Brain Center offers patients neurofeedback and the use of other state-of-the-art equipment to promote self-regulation skills that can enhance and expedite the recovery process. Patients benefit from a multi-disciplinary treatment team including, specially trained clinicians who understand the unique needs and challenges individuals with sexual addiction face.

Our specialized programming for men and women are:

Gentle Path at The Meadows – Founded by Dr. Patrick Carnes for men who battle sexual addiction, relationship addiction, trauma, and co-occurring conditions.

Willow House at The Meadows – Created for women who struggle with complex relationship and intimacy disorders, including sex and love addiction, as well as trauma and co-occurring conditions.

FEATURED CONFERENCE PRESENTER

Erica Sarr, PsyD, MEd, BCB, CSAT

Clinical Director, Gentle Path at The Meadows



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7:45-9:15 PM SEXUAL HEALTH AWARENESS SESSION

HOW PORN-REFUSAL SKILLS PROTECT KIDS FROM SEXUAL ABUSE

Kristen A. Jenson (sexual health awareness day)



Children who are taught to recognize pornography, report exposure, and reject porn's harmful messages are safer from sexual exploitation of all kinds. Adult predators use pornography to desensitize victims and normalize sexual behavior between adults and children. When children report exposure to pornography, potential abusers can be identified earlier, thus decreasing opportunities for further abuse. The fact that pornography is used to groom children is well established, but pornography has become a perpetrator itself--fueling a disturbing rise in child-on-child harmful sexual behavior.

Children who learn and practice porn refusal skills will be less likely to view pornography and reenact sexual acts on more vulnerable children. They will also learn to reject the self-objectification of sexting and avoid the traps of sextortion.

Participants will leave this presentation with research linking pornography with child sexual abuse; age-appropriate messages to teach children about pornography; and resources to help children develop porn-refusal skills.

This session is free and open to the public. There are NO CE credits being offered for this session.

Approved for NYSE: No

Approved for APA Credit: No

Approved for NASW: No

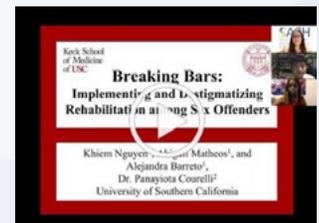
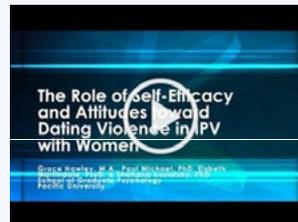
****all conference times are central time (utc-6)***

VIRTUAL POSTER SESSIONS

We couldn't have a conference without highlighting our students and the poster session.

Learn more about their findings:

bit.ly/SASHposter2020





SASH MERIT AWARD

The annual SASH Merit Award is given to a member of SASH who has made exceptional contributions to the organization. The SASH Merit Award was first given in 2004 at the SASH Conference in San Diego.

The 2020 SASH Merit Award is given to Dr. Stephen Southern, EdD for contributions to SASH as a member of the Board of Directors and long term Editor of SASH's Sexual Addiction & Compulsivity: The Journal of Prevention and Treatment. In addition to his many contributions to SASH he is licensed as a professional counselor, marriage and family therapist, and psychologist, and has over three decades of clinical experience in marital, couple and family therapy. He has also served as editor of The Family Journal: Counseling and Therapy for Couples and Families. He is a fellow in the American Counseling Association.



THE CARNES AWARD

The Carnes Award was first given in 1995 to Dr. Patrick Carnes in acknowledgement of his research and publishing contributions to the field of sex addiction, as well as his efforts in founding SASH (formerly known as NCSAC). This Award, named in his honor, is now given annually to recognize an individual who has made outstanding contributions to the field of problematic sexual behavior.

The 2020 Carnes Award is given to Michael Seto, PhD. Dr. Seto is Director of Forensic Mental Health Research at the Royal Ottawa Health Care Group. He has dual appointments as Associate Professor of Psychiatry (Faculty of Medicine) and the Psychology Department (Faculty of Social Sciences) at the University of Ottawa. He has appointments at three additional universities: the University of Toronto, Ryerson University, and Carleton University. With a commitment to translate research into practice, his two major lines of research have focused on (1) paraphilias and sexual offending, and (2) mentally disordered offending, violence risk assessment, and forensic program evaluation. He serves as the Editor-in-Chief of the journal Sexual Abuse. Dr. Seto has published extensively on pedophilia, sexual offending, and mentally disordered offenders, and regularly presents at scientific meetings and professional workshops on these topics. He has written well-reviewed books on pedophilia and sexual offending against children (2008) and on internet sex offenders (2013), both published by the American Psychological Association.



SASH RESEARCH AWARD

The annual SASH Research Award is given to an individual who has made an exceptional research contribution to the field of sexual health and problematic sexual behavior. The first award was given in 2004 posthumously to Dr. Alvin (Al) Cooper.

The 2020 SASH Research Award is given to **Josh Grubbs, PhD** for his scholarship in the field of sexual health and compulsive sexual behavior.

Dr. Grubbs is an Assistant Professor in the APA Accredited Clinical Psychology Ph.D. program at Bowling Green State University. His research falls primarily into three domains: the scientific study of addiction, personality, and religion (particularly as it relates to addiction and personality). Within the past two years his research has been published in *The Journal of Abnormal Psychology*, *The Journal of Sex Research*, *The Journal of Sexual Medicine*, *Psychology of Addictive Behaviors*, *Journal of Behavioral Addictions*, and SASH's *Sexual Addiction & Compulsivity: The Journal of Prevention & Treatment*.



SASH MEDIA AWARD

The annual SASH Media Award is given to an individual(s) or organization that has helped promote the understanding of sexual health or problematic sexual behavior through a book, video, software development or other technological advancement.

The 2020 SASH Media Award is given to **Emily Nagoski, PhD** for her New York Times bestselling book *Come As You Are* and *The Come As You Are Workbook*. Dr. Nagoski is Wellness Education Director and Lecturer at Smith

College, where she teaches Women's Sexuality. She has a PhD in health behavior with a doctoral concentration in human sexuality from Indiana University, and a master's degree in counseling, with a clinical internship at the Kinsey Institute Sexual Health Clinic. She has taught graduate and undergraduate classes in human sexuality, relationships and communication, stress management, and sex education.

8:00 AM-4:30 PM Virtual Exhibit Hall

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VIRTUAL BREAKROOM

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6:00-7:30 AM SEXUAL HEALTH AWARENESS SESSION

LOVE HURTS - FORGIVENESS AFTER BETRAYAL



Catherine Etherington (sexual health awareness day)

Ouch! Forgiveness??

No-one ever told you that love could hurt?! Or maybe they did, but you didn't think it would be THIS bad!! Almost all adult relationships require a level of grace and forgiveness; but betrayal recovery demands something uniquely difficult when it comes to "the F word", whether the relationship survives or not.

In this 90 minute presentation, we will tackle the ever challenging topic of forgiveness for those seeking healing after sexual betrayal. We will take a look at the research available on the topic and relate it to the betrayal recovery experience, exploring some of the challenges and offering new ways to think and talk about this topic with your clients.

Developed with the primary focus on addressing forgiveness in response to sexual betrayal, Cat's presentation, and the research materials, will also be helpful for those working with survivors of sexual trauma in various forms (abuse, assault, violation, etc).

Approved for NYSE: No Approved for APA Credit: No Approved for NASW: No

8:00-9:30 AM SEXUAL HEALTH AWARENESS SESSION

FROM SEPARATION TO SEXPLORATION: NAVIGATING THE LIMINAL LANDSCAPE OF POST-DIVORCE SEX



Gaelyn Emerson (sexual health awareness day)

As sexual health specialists, we help clients navigate a lifetime of ongoing sexual awareness and evolution. We witness their transitions through predictable stages of sexual development, accompanied by LESS predictable stages of emotional, social and relational experiences. In this refreshingly narrative and inspiring workshop, divorce specialist Gaelyn Rae Emerson applies her work with more than one hundred divorced and permanently separated women

– each following the end of an intimate relationship predicated by sexual infidelity, deception or rejection – to a presentation that features the high, low and "oh, hell no!" moments of her clients' reentry into single sexuality. With passion and humor, Gaelyn presents an eclectic spectrum of socially diverse case studies, each chosen to broaden our professional understanding of women's most private sexual segues. Arrive to this workshop prepared to say "I didn't see THAT coming," and then leave with newfound appreciation and respect for this unique (and often underestimated) demographic.

Approved for NYSE: No Approved for APA Credit: No Approved for NASW: No



HEALTHY SEXUALITY AFTER BETRAYAL

Laney Knowlton (90 minute session)



Healthy sexuality can be a very triggering topic for both partners and addicts. Partners may fear being told that their needs are wrong yet again, that they aren't allowed to say no, that they aren't allowed to be themselves, or that their trauma related to sexuality may be so deep that healing connection in this area feels impossible. Addicts often fear that they will be told sexuality is not a need and that they are not allowed to want it or to be themselves, or they only understand sex as a way to control and manipulate. At the core, both partners and addicts often struggle to find safety and peace in sexual connection. Healthy sexuality is not about having more sex or becoming something that someone else, or society, thinks you "should" become. It is about connecting to yourself emotionally and physically, and sharing that connection with someone else in a safe way that makes you feel more whole and connected. Between the influence of the addiction, family-of-origin, and society, many of the problems with physical intimacy for partners and addicts are trauma-related. Understanding the way each of these facets influences sexuality, and knowing how to help clients process through and heal from them is essential to long-term recovery. Additionally, steps to help clients work to reincorporate physical intimacy into their lives in a way that includes emotional and physical safety, along with empathy and the ability to work towards balanced connection, is crucial.

*CSRTT1d



SAFE, BRAVE AND SEXY: HELPING COUPLES NAVIGATE THE RISKS AND REWARDS OF SEXUAL INTIMACY

Sharon Rinearson with Co-Presenter James Annear (90 minute session)



In a world that clamors to emphasize the importance of social sex education, messages about sexual intimacy (versus sexual intensity) tend to get lost in the dialogue. Sadly, this is often as true for mature adults as for younger individuals. As specialists within the field of sexual health, we see these clients flooding our offices. They're eager to improve their sex lives, yet painfully disconnected from the inner wisdom necessary to make great sex possible - emotional safety, relational courage and intimate connection. This is especially true for clients actively healing from problematic sexual behavior and/or partner betrayal, compounding the potential risks (and possible rewards) for both parties. Can sexual intimacy really be as satisfying as sexual intensity? And if so, how do we integrate emotional intimacy into relationships that are predictably safe, profoundly brave and powerfully sexy?

*GHS4a OR *CSRTT1d OR *CSWT1c



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THE EFFECTS OF ONLINE INFIDELITY ON HETEROSEXUAL MARRIAGES

Jeff Logue (90 minute session)



This workshop explores the growing problem of online infidelity and the challenges it creates in marriage. Attendees will examine the various perceptions of online infidelity and how new media formats compare to traditional infidelity. Demographic information from the 2015 AshleyMadison.com data breach reveals important market determinants. Attendees will evaluate the role of pornography on marital quality and its effects on heterosexual marriages.

*GHS3e



A MIND OF ITS OWN: UNDERSTANDING, TREATING, AND GRIEVING ERECTILE DYSFUNCTION IN THERAPY

Erica Sarr (90 minute session)



Problems with sexual functioning are often very difficult for clients to bring up in session. Indeed, many struggling with erectile issues may not even address these concerns with medical providers, much less their therapist. Problems with erection not only affect a client's sexual life, but their romantic relationships, body image and sense of masculinity. The causes of erectile dysfunction are varied- from medical complications and aging to anxiety and a consequence of compulsive behavior. This presentation aims to look at both the psychological factors which may complicate erectile difficulties, but also how to address feelings of shame, anger, and grief related to both ongoing issues and new loss of functioning.

*GHS 2b OR *CSWT1di



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OVERCOMING "ADDICTION" TO PORNOGRAPHY ADDICTION THROUGH ACCEPTANCE AND COMMITMENT THERAPY (ACT)

Cameron Staley (90 minute session)



Acceptance and Commitment Therapy (ACT) is a transdiagnostic treatment that has been found efficacious for a wide range of problems across over 300 randomized controlled trials including compulsive disorders such as pornography viewing (Twohig & Crosby, 2016). ACT provides a comprehensive framework for addressing core pathological processes underlying problematic pornography viewing including psychological inflexibility (Wetterneck, Burgess, Short, Smith, & Cervantes, 2012; Levin, Lillis, & Hayes, 2012), low trait- mindfulness (Reid, Bramen, & Anderson 2013), emotion dysregulation (Bancroft, & Vukadinovic 2004), rigid adherence to inner experiences (e.g., urges, thoughts, emotions), and moral disapproval (Grubbs, Perry, & Wilt, 2018). This presentation will demonstrate how ACT principles effectively reduce unwanted pornography viewing by cultivating openness to experiencing urges to view pornography and by promoting value-directed behaviors instead of ineffective efforts to control inner experiences.

*CPSBT1a (30 mins)
AND *CPSBT 1c (60 mins)

FROM SICKNESS TO HEALTH; THE VOW OF INTIMACY FROM WITHIN OURSELVES

Mark Drax (90 minute session)



Mark facilitates workshops to help men safely explore their most shameful and debilitating secrets. These workshops have revealed how often men protect mothers while pouring scorn and blame on fathers, the 'acceptable' target for their trauma and wrath. This presentation will address this confusing inequity. A mother's emotional leadership is equally if not more important to a young man's emotional growth than what he learns from his father. Society teaches young men to put mothers on a pedestal, despite abuse from supposedly 'perfect' mothers that can generate deep rage within a child who may grow up feeling betrayed by his mother while still consciously defending her. This is a lynchpin dynamic that accounts for the abuse women suffer from men, so often without either understanding 'why'! Whatever we're exposed to after birth fills the all-seeking hugely impressionable void within us and becomes our learning. If this learning is muddled with a lack of attention, unhealthy attachment, frightening behaviours or worse, children learn to fear the world and seek to fill their perception of reality with anything outside of themselves that satiates this inner fear and pain. The perfect setup for addiction, external physical and emotional 'medicine' becomes their norm and so often, intensity replaces intimacy. Separation from our original, innocent self continues until prompted by deepening pain and unmanageability to stop, look inwards and uncover the sacred importance of who we've become Vs who we want to be. We need truth and intimacy, and that starts with ourselves!

Approved for APA Credit: No



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THE GRATITUDE OF LOSS: UTILIZING THE STAGES OF GRIEF AS A STRATEGY FOR SUSTAINABLE SEXUAL SOBRIETY

Andrew Suskind (90 minute session)



As a psychotherapist and sex addict who's been in twelve-step recovery for more than twenty-five years, I've witnessed thousands of clients, colleagues and friends struggle with problematic sexual behavior and its consequences. And there's one thing I know for sure: compulsive sexual behavior is not about sex: it's about deep-rooted challenges with intimacy and love.

It's been five decades since Elisabeth Kubler-Ross introduced the five stages of loss; but how do you apply them with your clients today? In this workshop, you'll see how this age-old theory relates to sex addiction and how there are five stages of gratitude that correlate with it. Positive psychologists have shown that practicing gratitude is essential for life contentment, and their research can also be applied to long-term recovery. As we examine the stages of loss - denial, anger, bargaining, depression and acceptance - participants will take a fresh look at the losses and gains associated with grief and gratitude. In my office and in the twelve-step rooms, the suffering continues, and while some people are able to find a life of integrity and direction, not everyone gets traction. At this time, there is little focus on sex addicts who have been in recovery for many years, but still struggle. This presentation focuses on the valuable exploration of loss and appreciation, two unlikely but deeply helpful ingredients for long-term recovery and greater life fulfillment.

*CPSBT1c



HEALING FROM INFIDELITY WITH SEX WORKERS: PEELING BACK MEN'S SEXUAL NARRATIVE

Sari Cooper (90 minute session)



According to data collected as part of the General Social Survey by researchers drawing on a large-scale nationally representative sample of men, about 14 percent of American men said they paid for sex at some point in their lives, but just 1 percent said they visited a prostitute in the past year (2010). While there have been many books about infidelity by men in heterosexual relationships, there are fewer research studies, mainstream books or articles about how men feel about their sexual behavior with prostitutes, escorts, strippers, sugar babies or online chat room partners. Many times men enter sex therapy treatment individually to put an end to what they describe as addictive, compulsive or out of control behavior either with sex workers in general or with a particular escort. At other times, a couple enters sex therapy after the wife or female partner's discovery of the years-long infidelity in which her husband/partner has engaged.

She may enter couples counseling for many reasons including:

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- to punish him for the immoral behavior that has threatened their family's stability
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- to get sexual health information about whether she had been exposed to STIs
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There is very little clinical literature about the specific implications the infidelity has on the spouse and relationships. It is through case studies that many therapists learn the ways in which infidelity with sex workers affect the mental, sexual and relational health of the heterosexual men who pursue this activity, their female partners and their relationship itself while offering techniques to help each partner and relationship to heal with insight, amends and compassion.

*CPBST1b (30 mins)

AND *CPBST1d

AND *CPBST1c

3:30-4:00 PM Afternoon Tea with the SASH Board

TEA WITH THE SASH BOARD

Join the SASH Board for a relaxing cup of tea and discussion about the latest happenings at SASH.

4:30-6:30 PM WHAT'S IN A NAME PANEL



WHAT'S IN A NAME? DEBATING COMMON MODELS FOR SEXUAL BEHAVIORS THAT HAVE BECOME PROBLEMATIC

Panelists: Eli Coleman, Alexandra Katehakis and Marty Klein
(120 minute session)



Has the upcoming addition of Compulsive Sexual Behavior Disorder into the ICD-11 finalized the debate about how to name and treat problematic sexual behaviors? This does not appear to be the case! It is important for both the public and professionals to understand the different models, why they exist and how each may have unique potential for individuals seeking help. In this panel discussion theory will be contrasted and commonalities explored. The discussion will illuminate for the audience three of the most common models for describing and treating sexual behavior problems from well-respected experts in their various fields. Join Eli Coleman PhD, Alex Katehakis, PhD, LMFT, CSAT-S, and Marty Klein, PhD as they help us understand and maneuver this extremely difficult arena.

*GHS2f OR *CPSBT1a



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**WHEN PORN IS THE ISSUE--
WORKING WITH COUPLES AND INDIVIDUALS**

Marty Klein (post-conference)



We're seeing more and more couples in conflict over one partner's porn use. The most common clinical approach to this problem pathologizes a partner's porn use while legitimizing the grievances of the consumer's partner. This violates our commitment to neutrality--and more importantly, it doesn't help the couple.

To address porn-related issues more effectively, this workshop will focus on treating intrapsychic conflicts, power struggles, and existential issues relating to porn use.

We'll look at how one or both partners may be acting out body image issues; and why "porn addiction" is not a helpful concept.

We'll explore how conflict about pornography is often used to avoid confronting other relationship sexual deficits. And we'll look at various sexual issues--such as desire, arousal, and masturbation--that should be raised when working with these cases. We'll learn how to help porn consumers and their partners disclose and discuss the state of their sexual relationship, and identify specific problems they would like to address.

Finally, we'll look at our field's beliefs and standards for a moment. How do we define "sexual health" in this context? Can we honestly say we are "sex-positive" when working in this area? Do we really understand the perspective of porn consumers as well as we understand their partners? What is our vision of healthy porn use? And if we don't have such a vision, what does that say about our ability to support all of our clients?

*(first 60 minutes) *GHS2f OR *CPSBT1a*

*AND (120 minutes) *HS4c OR *CSRTT1c OR *CPSBT1c*



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SASH ANNUAL CONFERENCE CONTINUING EDUCATION INFORMATION

SATISFACTORY COMPLETION

SASH is committed to providing quality education to professionals and is proud to offer up to 23 hours of continuing education. Not all sessions are approved by all accrediting bodies.

In order to provide certificate of completion, please adhere to the following requirements:

- 1). You need to be registered for the conference
- 2). Attend each session and attended in its entirety.
- 3). Complete an evaluation for each session attended

Late arrivals (10 min late) and early departures (10 min remaining) will not be granted credit for the session. No partial credits will be available for any session. We are unable to provide partial credit for any presentation. A link will be sent to your email when evaluations are ready. Once evaluations have been completed you will have access to print your certificate of completion. This process usually begins within 1 week of the conference.

Please note that you will not be able to access the portal to complete your evaluation (and therefore obtain CE's) after December 31, 2020.

SASH is proud to provide the following continuing education to our attendees. NOTE: If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

PSYCHOLOGISTS - approved for up to 22 Credit Hours



The Society for the Advancement of Sexual Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Society for the Advancement of Sexual Health maintains responsibility for this program and its content.

*Overcoming Adversity and Not Letting the Past Define Your Future is not approved for APA credit.
From Sickness to Health; the vow of intimacy from within ourselves is not approved for APA credit.*

SOCIAL WORKERS



This program is Approved by the National Association of Social Workers (Approval # 886658777-9434) for 26 continuing education contact hours.

Overcoming Adversity and Not Letting the Past Define Your Future is not approved for NASW credit.

Society for the Advancement of Sexual Health (SASH) is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0277.

*Overcoming Adversity and Not Letting the Past Define Your Future is not approved for NYSE credit.
From Sickness to Health; the vow of intimacy from within ourselves is not approved for NYSE credit.*

LICENSED COUNSELORS - approved for up to 22 Credit Hours



SASH has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6649. Programs that do not qualify for NBCC are clearly identified. SASH is solely responsible for all aspects of the programs.

NATIONAL ASSOCIATION FOR ALCOHOLISM AND DRUG ABUSE COUNSELORS (NAADAC) - approved for up to 22 Credit Hours



This course has been approved by The Society for the Advancement of Sexual Health (SASH), as a NAADAC Approved Education Provider, for CE. NAADAC Provider #171060, SASH is responsible for all aspects of their programming.

CONTINUING EDUCATION CREDITS

For full details on all continuing education credits available during this year's conference, see the charts for each day in the **SASH DETAILED CREDENTIAL OFFERINGS** section.

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SASH offers a rigorous credentialing process that is unique to the sexual health industry. The SASH certifications are the only credentials in the industry that comprehensively address specific areas of sexual health. As the first of their kind, there are certification opportunities in **Problematic Sexual Behavior, Sexual and Relational Trauma, Sexual Wellness, and Sexual Offending**. Clinicians can apply for one or more of the specialized certifications to emphasize their experience and knowledge as a leading professional in the industry.

To truly accentuate your knowledge, professionals holding three or more certifications can apply to be certified as a Distinguished Sex Therapist, communicating to the world your advanced expertise.

The process of becoming certified involves education/training, consultation/supervision, and clinical experience. All certifications require general education in human sexuality and a sexual attitudes reevaluation (SAR) or a similar workshop such as the Sexual Attitudes and Values Overview and Reevaluation (SAVOR) available from SASH.

The certification is consistent with the SASH mission of promoting sexual health.



Contact The Society for the Advancement of Sexual Health to learn more:

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sash@sash.net

SASH

SOCIETY FOR THE
ADVANCEMENT OF
SEXUAL HEALTH



JAMES ANNEAR, LMHC

Saturday October 17, 2020 8-930am

Safe, Brave and Sexy: Helping Couples Navigate the Risks and Rewards of Sexual Intimacy

James Annear (LMHC) is the co-founder of CORE Relationship Recovery in West Palm Beach, Florida. In this capacity, James integrates his experience as the director of numerous mental health, trauma and substance abuse recovery centers, providing therapy for individual clients and couples. In addition to his field-specific training from IITAP (CSAT-S), APSATS (CCPS-S) and EMDRIA (EMDR-II), James is a Certified Clinical Trauma Professional (CCTP) and Florida Qualified Supervisor (FQS). At CORE, James employs both cognitive and intuitive treatment protocols, designing programs and authoring material to promote sustainable healing from problematic sexual and relational behaviors. James is proud to actively serve on the Board of Directors for APSATS, the Association of Partners of Sex Addicts Trauma Specialists.



MAIA CHRISTOPHER, BA

Friday October 16 10am

Perpetrator Accountability in the Time of #MeToo: Individuals Who Offend

Maia Christopher is the Executive Director of the Association for the Treatment of Sexual Abusers (ATSA). Focusing on preventing sexual abuse through understanding and interrupting the behaviors of people at risk of offending, ATSA specializes in disseminating research, defining and supporting effective treatment practices and promoting evidence base policies. Ms. Christopher started her career providing treatment services and developing treatment protocols for individuals who have offended sexually and non-sexually. She spent 19 years providing treatment services to incarcerated individuals that committed violent offenses in Correctional Services of Canada and Washington State Department of Corrections. Ms. Christopher has presented extensively, and around the world, including Canada, the United States, the UK, New Zealand, Germany, and South Africa. Her areas of expertise include professional practice guidelines of sex offender treatment, collaborating with community stakeholders invested in successful offender reintegration and policy pertaining to sexual offending. In order to establish robust and evidence based prevention of sexual abuse strategies, it is vital to understand and explore what contributes to a) the prevention of perpetration to begin with b) effective interventions to stop people from perpetrating sexual abuse c) what it means to hold individuals accountable for their offending behavior d) what policies are (in) effective supporting sexual abuse prevention e) effective communications that engage communities in prevention. The workshop will provide information pertaining to: the prevalence of sexual abuse, rates of reoffending, and risk and protective factors that can contribute to or protect individuals from perpetrating sexual abuse. We will then explore the concepts of perpetration accountability and policies and communication strategies that do and do not work to aid in the prevention of sexual abuse. Through this presentation and discussion attendees will explore and challenge their own perceptions of individuals who sexually offend, and assess ways in which current policies and practices positively or negatively contribute to sexual abuse prevention.



ELI COLEMAN PhD

Saturday October 17 2020 430-630pm

What's In a Name? Debating common models for sexual behaviors that have become problematic,

Eli Coleman, PhD, is Professor and Director of the Program in Human Sexuality. He holds the first and only endowed academic chair in sexual health.

Dr. Coleman is the author of numerous articles and books on compulsive sexual behavior, sexual offenders, sexual orientation, gender dysphoria,

chemical dependency and family intimacy and on the psychological and pharmacological treatment of a variety of sexual dysfunctions and disorders. He is one of the founding editors of the International Journal of Transgenderism and is the founding and current editor of the International Journal of Sexual Health.

He is one of the past-presidents of the Society for the Scientific Study of Sexuality, the World Professional Association for Transgender Health (WPATH), the World Association for Sexual Health, the International Academy for Sex Research and the Society for Sex Therapy and Research. He is currently the Chair of the WPATH Standards of Care Revision Committee. He has been a frequent consultant to the World Health Organization (WHO), the Pan American Health Organization (the regional office of WHO), and the Centers for Disease Control and Prevention.



PETE COOPER PhD, LPC-S

Moderated Table Discussion

Sexual Addiction or Bipolar Mania? Facets of Sexual Compulsivity in Those Experiencing Bipolar Mania

Dr. Cooper has 20 years of clinical and academic experience in the mental health profession working and studying with a diverse clientele ranging from adults, adolescents, children, geriatrics, psychiatrics, addictions and developmental disabilities.

This will be a roundtable discussion about sexual compulsivity in those experiencing bipolar mania and if this sexual compulsivity is tantamount to sexual addiction or sexual trauma and if it should be treated as such or as separate entities. We are aware of universal themes of bipolar disorder. However, those who deal with it do so in their own unique way of how they experience it for themselves. Bipolar mania can take many different shapes and forms for those who deal with or suffer from it, and as we know, there are many different types and levels of severity of bipolar disorder. In this round table discussion, we are trying to pinpoint sexually compulsive behavior in those with bipolar mania and if this behavior could or should be classified and treated as a sexual addiction. The moderator will submit research supporting the existence of sexual addiction and attendees are encouraged to bring supporting research to discuss their position on how sexually compulsive behavior in those with bipolar mania should be treated.



SARI COOPER CST, LCSW-R

Saturday October 17 145-315pm

Healing from Infidelity with Sex Workers: Peeling Back Men's Sexual Narrative

Sari Cooper LCSW-R, CST is the Director of Center for Love and Sex, a group practice specializing in holistic embodied sex therapy and sex coaching in NYC. She is an AASECT-Certified Sex Therapist and Certified Sex Therapy Supervisor who has been seeing individuals and couples from diverse cultural, religious, and sexual orientation and practices for over 20 years. Sari presents frequently at international professional conferences on helping individuals and couples heal from infidelity, out of control sexual behaviors, sexual communication, low desire, sexual disorders, consensual nonmonogamy and expanding sexual practices. She is Kink and Poly aware and a culturally attuned therapist who frequently sees partners who come from different racial backgrounds from one another.

Sari is also the creator of Sex Esteem® LLC, a company devoted to enriching people's confidence and knowledge about their own sexuality, the choices in their relationship agreements and how to communicate with partners about the sex life they desire. Through creative live events, webinars and her Sex Esteem® talks she is cultivating a community ready to take on the topic of erotic desire, sexual pleasure, empowerment and exploration.

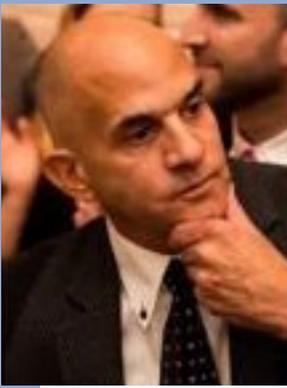
She is frequently called upon in the media to comment on relationships and sexuality issues. She has been interviewed on outlets like: CBS This Morning, The Wall Street Journal, Women's Health, Lifehacker, Bustle, HuffPost and Vice Media.

You can follow her on Facebook: @centerforloveandsex, Twitter: @saricoopercls and Instagram: saricoopersexesteem. Her site is www.centerforloveandsex.com. You can sign up to stay connected about upcoming Sex Esteem® events at: centerforloveandsex.com/se-events.

According to data collected as part of the General Social Survey by researchers drawing on a large-scale nationally representative sample of men, about 14 percent of American men said they paid for sex at some point in their lives, but just 1 percent said they visited a prostitute in the past year (2010). While there have been many books about infidelity by men in heterosexual relationships, there are fewer research studies, mainstream books or articles about how men feel about their sexual behavior with prostitutes, escorts, strippers, sugar babies or online chat room partners. Many times men enter sex therapy treatment individually to put an end to what they describe as addictive, compulsive or out of control behavior either with sex workers in general or with a particular escort. At other times, a couple enters sex therapy after the wife or female partner's discovery of the years-long infidelity in which her husband/partner has engaged. She may enter couples counseling for many reasons including:

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There is very little clinical literature about the specific implications the infidelity has on the spouse and relationships. It is through case studies that many therapists learn the ways in which infidelity with sex workers affect the mental, sexual and relational health of the heterosexual men who pursue this activity, their female partners and their relationship itself while offering techniques to help each partner and relationship to heal with insight, amends and compassion.



MICHAEL CROCKER DSW, LCSW, MA, CGP

October 15, 2020 830-10am

Gender Development and Superego Pathology as it Relates to OCSB: From Victimhood to Emotional Literacy and Agency

Michael M. Crocker, DSW, LCSW, MA is the Founder of the Sexuality, Attachment and Trauma Project, and a private practitioner working with individuals, couples, groups and organizations. He provides psychotherapy services that address trauma, cross addiction, Out-of-Control Sexual Behavior, as well as sexual inhibition, intimacy anxiety, gender disorders and sexual orientation confusion. He also functions as an Adjunct Professor for the Social Work Department at Iona College, Rutgers University and Touro college. Dr. Crocker holds a Doctorate in Clinical Social Work as well as two Masters Degrees; one in Psychology and the other in Social Work. He holds two Post-Graduate Certificates; one in Advanced Clinical Social Work and Individual Psychotherapy and the other in Group Psychotherapy as well as training at the Object Relations Institute. He earned his Doctorate in Clinical Social Work at the University of Pennsylvania where he studied the connection between Out-of-Control Sexual Behavior and attachment disorders. His research has been published in the Journal of Social Work Practice and the Addiction, Volume 15, Issue 4, 2015.

If a client cannot experience guilt, should we shrug our shoulders and claim him to be a sociopath or psychopath. No, we should not. Even those labels are misnomers and much more complicated than what we make them out to be. It has been theorized how the search for punishment could act as a defense against the affectual experience of guilt. So many of our clients state they deserve to be thrown out of the house, beaten, cursed at, kept from their children, subjugated; and yet their guilt is not experienced. They instead focus on the punishment, both feeling they deserve it, yet feeling victim to it. The defense against true guilt- both historical and contemporary- is defended by the need for punishment. Guilt brings with it sadness and often regret. The desire for punishment can be stimulating, exciting and result in defiance and destruction. It doesn't work. It is often part of the cycle of sexual compulsion. Additionally, men are socialized out of their emotions. This puts them at a terrible disadvantage in terms of emotional literacy and the capacity to use their feelings relationally. Clinically, men must be trained to feel. As clinicians at the 'Sexuality, Attachment and Trauma Project', we are beginning to realize we must be more active with the men that create punishment in their lives and then assume that this punishment is 'deserved' while still lacking awareness of guilt, grief and/or agency. We have to help them find their way.



MARK DRAX ACC

October 17, 2020 12-130pm

From Sickness to Health; the vow of intimacy from within ourselves

Mark is an Addiction Recovery Coach, trained in England and America and based near London. After 16 years of running his own electronics business, he left commerce in 2012 in search of a more spiritual and healing career related to the recovery he had been exploring as part of his own journey through abuse and addiction. He turned his experiences with early trauma and addiction into a coaching practice specifically aimed at helping hurting men to identify and break dysfunctional patterns of sexual and abusive behaviours and to apply addiction recovery tools in a realistically sustainable manner. His primary goal is to help men recognise their patterns of destructive behaviour, to unlearn whatever painful emotional myths they may have dragged with them from childhood and start choosing to 'live' instead of just to 'survive'. He works with individuals and presents workshops on subjects like shame, anger, honesty, intimacy & vulnerability. His goal is always to help clients stop abusing themselves and others; to replace addictive secrecy with healthy, nurturing pursuits; and to rediscover and reclaim their true and original 'self'. We were all born with an intense light shining out into the world. Abuse and dysfunctional parenting slowly dim that light and leaves us floundering in emotional darkness. Mark helps people not only rediscover that light, but to let it shine so brightly that no one can ever try to snuff it out again, including ourselves!

Mark facilitates workshops to help men safely explore their most shameful and debilitating secrets. These workshops have revealed how often men protect mothers while pouring scorn and blame on fathers, the 'acceptable' target for their trauma and wrath. This presentation will address this confusing inequity. A mother's emotional leadership is equally if not more important to a young man's emotional growth than what he learns from his father. Society teaches young men to put mothers on a pedestal, despite abuse from supposedly 'perfect' mothers that can generate deep rage within a child who may grow up feeling betrayed by his mother while still consciously defending her. This is a lynchpin dynamic that accounts for the abuse women suffer from men, so often without either understanding 'why'! Whatever we're exposed to after birth fills the all-seeking hugely impressionable void within us and becomes our learning. If this learning is muddled with a lack of attention, unhealthy attachment, frightening behaviours or worse, children learn to fear the world and seek to fill their perception of reality with anything outside of themselves that satiates this inner fear and pain. The perfect setup for addiction, external physical and emotional 'medicine' becomes their norm and so often, intensity replaces intimacy. Separation from our original, innocent self continues until prompted by deepening pain and unmanageability to stop, look inwards and uncover the sacred importance of who we've become Vs who we want to be. We need truth and intimacy, and that starts with ourselves!



CRYSTAL ELLIS MPH

Thursday October 15, 2020 4:15-5:45pm

"Pills Won't Take The [Stigma] Away": Fostering Older Adult Sexuality Beyond Medicalization

Crystal is a third generation Los Angelean, currently living in Saint Louis, Missouri and working towards reducing newly diagnosed sexually transmitted infections in St. Louis City. She earned her Master of Public Health degree at Washington University in St. Louis, where her academic interests in alternative sexualities, and sex across the life course helped her unpack the sexual and generational trauma she experienced growing up devoutly Christian, along with being a first generation college student. She is inspired from her journey to help others reassess societal pressures of "womanhood", navigating the complexity of human relationships, and understanding every one's right to access and expand their erotic power. Her newest position as Hepatitis C Virus Program Representative with St. Louis City Department of Health centers older adults, people who use drugs, and/or are affected by mass incarceration. Her work as a sexuality educator and small business owner led her to design and facilitate an ongoing series of workshops with Kingdom House, averaging 10-12 older adult participants per session. I've also presented academic works focused on alternative sexualities, selfpleasure, and collegiate social group dynamics at The Society for the Advancement of Sexual Health, Multiplicity of the Erotic, and Less than 40% of adults over the age of 50 report having discussed sex with a physician. Doctors frequently report discomfort initiating sexual assessments with older patients due to assumed asexuality and other prioritized physical ailments. Over-prescribing erectile dysfunction medication mustn't be a universal "fix" for sexual dysfunction. Instead, physicians must address personal biases against sexually active older adults, and collaborate across disciplines to provide holistic care. This workshop helps physicians and health professionals effectively incorporate the "Do Ask, Do Tell" PLISSIT Model to assess sexual function, to encourage healthy conversations about sex, and to advocate for their patients' pleasure.



CHRIS FAREILLO PhD, MA, LMFT

Thursday October 15, 8:30-10am *#JointheConversation Presidents Panel*

Dr. Fariello is the Founder and Director of the Philadelphia Institute for Individual, Relational & Sex Therapy (PHIRST). He has over 25 years of experience as an educator, trainer, public speaker, writer, and therapist. He has contributed to several videos and books, including Dr. Ruth's Sex for Dummies, and has written two books: 99 Things Parents Wished they Knew Before Having THE Talk and The Lovers Guide Illustrated Encyclopedia of Sex.

Dr. Fariello is a Pennsylvania licensed Marriage and Family Therapist and a Clinical Member and Supervisor of the American Association for Marriage and Family Therapists (AAMFT). He is also an AASECT Certified Sex Therapist, Educator and Supervisor. Dr. Fariello received his first master's degree in Human Sexuality, Marriage and Family Life Education from New York University and his second master's in Marriage and Family Therapy from Drexel University in Philadelphia. His doctorate is in Human Sexuality Education from the University of Pennsylvania.

Why are there so many sexuality organizations? It's hard to decide who to listen to, where to turn for accurate info and which to join. Wouldn't it be easier if we, as professionals, had one organization for all our information? SASH has long believed there is room at the table for all sexual health ideas and that the diversity of organizations are necessary to provide the public, professionals and clinicians with necessary information. To learn more about other viewpoints, SASH invited the Presidents of other non-profit sexuality organizations to join us for *#JointheConversation Presidents Panel* and share their vision of sexual health and wellness. The panel will also discuss how they believe their organization fits with others and how future collaboration can make sexual health a common topic and vision for all. Join the Presidents of SASH, AASECT, SSSS and ATSA in bringing us together.



A TODD FREESTONE PsyD, LCSW

Thursday October 15 2020 415-545pm

Bringing the Dark Side to the Table:

A look at the Darker Side of Pornography and the Dark Web

Dr. A. Todd Freestone serves as the Clinical Director of inpatient and outpatient services for Paradise Creek Recovery Center, Inc. in Malta, Idaho & The Comprehensive Treatment Clinic in Logan, Utah. He is a Clinical Social Worker, and holds a Doctor of Psychology Degree. He has been performing clinical work for 24 years. His specialties include: Sex specific treatment (compulsivity, offender and victim), other forms of addictive or compulsive disorders (Substance issues, gambling, theft, etc.), trauma and general mental health disorders. He is also an international public speaker and trainer for the Cognitive-Neural Restructuring Therapy Treatment Model, developed at the Comprehensive Treatment Clinic. He is a certified Plethysmographer, ABEL Screen Examiner, Mandt desescalation system instructor, and a Certified Sexual Addiction Therapist.

This presentation will address the darker sides of pornography. Topics covered will include; Deep Fake Pornography, Revenge Pornography, Snuff Pornography, Incest Pornography, Hentai, Child Sexual Abuse Images (formerly called Child Pornography), plus other classifications of pornography that clients with whom you will be working at some time in your practice may access. There will also be discussion about the distribution methods of this type of pornography (The Dark Web) and why this is not eliminated. This presentation will also talk about the theoretical underpinnings of and the diagnosis of underaged sexual arousal patterns.



MATTHEW HEDELIUS PsyD, CSAT

Thursday October 15, 8:30-10am ***#JointheConversation Presidents Panel***

Thursday October 15, 8:30-10am ***PSB 101***

Dr. Matthew Hedelius has been providing treatment for individuals who suffer from trauma and sexual compulsivity for over 20 years and has completed over 40,000 therapy sessions in that time frame. He has experience in outpatient, residential and inpatient treatment settings. He provides bio and neurofeedback as a means of helping patients resolve their addictions and trauma issues. In addition, he has been trained in and provides EMDR to help patients resolve their traumatic histories. He enjoys running half marathons and marathons and loves working with people. He also provides supervision for therapists who are training to be sex addiction therapists.

PSB101 is for professionals both new to the field of sexual health and already working in it. It addresses various labels for problematic sexual behavior as well as categorizing the types of behaviors for which people seek treatment. Sexual behavior that is problematic for some people may not be for others, and attendees will be given a framework to help them distinguish potential problems from healthy sexual behavior, as well as a list of potential risk factors that appear to contribute to the development of problems. Participants will review recent research on the effects of internet pornography, including effects on the brain, as well as the new diagnosis called "Compulsive Sexual Behavior Disorder" to be implemented via the World Health Organization's upcoming diagnostic manual, The International Classification of Diseases (ICD-11). Finally, attendees will learn about treatment options, plus support options for those affected and their partners.



PATRICK HENTSCH MS, NCC, CSAT, LPC

Moderated Table Discussion

An Emotional-Developmental Model of Intimacy

Patrick's passion comes from his conviction that we create our experiences, and that consciously doing so requires unlearning our developmental compensations. What fascinates him is how unconscious learning must be brought into conscious awareness: to unlearn what isn't yet recognized as learned. Patrick completed his Master's degree in Clinical Mental Health Counseling at the University of North

Texas as a response to his calling to the helping profession. He is a Licensed Professional Counselor in the state of Texas and a National Certified Counselor, as well as a Certified Sex Addiction Therapist. He brings his rich personal experience of recovery to his academic training and his clinical expertise, and most importantly, to his passion for sharing the hard-earned lessons of his own journey with those who seek to live a life of Empowered Maturity. Patrick also holds a Master's in Architecture from Yale and a Bachelor's in Oriental Studies from the University of Oxford. He grew up in the USA, Japan, and the UK as the son of his Chinese mother and his European father, who served in Switzerland's diplomatic corps. Patrick has an exceptionally diverse cultural background that has exposed him to an uncommon breadth of social context and human experience. These contribute to his natural ability to connect authentically and compassionately with clients from all walks of life. He is touched by what we have in common as members of the human family, while appreciating and understanding our diversities. Patrick speaks fluent English, French and Chinese.

The Emotional-Developmental Model of Intimacy presents an original, coherent conceptual framework that provides insight into why and how partners unwittingly obstruct the intimate connection they need and desire. It exposes fundamental developmental and emotional factors and functions which inform a person's capacity to co-create and experience interpersonal intimacy. This model has developed as a result of the author's empirical clinical experience in couples' counseling. It offers insight into the nature of the dynamic processes between partners that persistently obstruct the intimate connection that partners need. It addresses, in developmental and emotional terms, why and how all humans dynamically embody the paradox of both seeking interpersonal intimacy and avoiding it. It clarifies how the point of dynamic equilibrium between these opposite motivations maintains itself as a systems phenomenon in couples, and it offers corrective pathways for both the counselor and the clients to disrupt and reorganize the point of equilibrium, leading to the possibility of more effective, intimate connection. While many couple counseling sessions are consumed by attempts to resolve content-based issues and differences, this author finds that in the majority of cases the process-based issue is singularly universal: Partners are attempting to resolve between each other by misguided attribution of cause and effect the self-contained paradox of seeking and avoiding intimacy within each partner. Vulnerability and authenticity are two original human states that are necessary for the effective development of Self through relationships. This model exposes how developmental experiences and their emotions affect the individual's capacity to invoke those states.



BILL HERRING LCSW

Friday October 16 2020 12-130pm

A Framework For Categorizing Problematic Sexual Behavior

Bill Herring maintains a private psychotherapy practice in Atlanta. He is a former board member of SASH and served as national conference chair for three years. He is a long-time editorial board member of the journal *Sexual Addiction and Compulsivity*. He is recipient of both the 2004 SASH Award and the 2019 Carnes Award. He was instrumental in the content development of the SASH ATPSB certificate training.

Based on his article of the same name, which was awarded Article of the Year in the journal *Sexual Addiction & Compulsivity*, this presentation describes a theory-neutral framework for categorizing varieties of problematic sexual behavior. It utilizes established measures of sexual health to arrive at a method for distinguishing forms of problematic sexual behavior without reference to the type and/or frequency of sexual activity, thus making it applicable to a diverse range of client populations. This framework includes five basic questions to use to enhance sexual health conversations about various forms of problematic sexual behavior. This framework avoids the use of labels in order to enhance inter-disciplinary collaboration across theoretical formulations. This framework is used in the SASH ATPSB certificate training program.



DIANE HOVEY PhD, LMFT, CSAT, CPT

Moderated Table Discussion

How am I supposed to explain that!:

Phototherapy Cards in the Elicitation of Experience

Dr. Diane Hovey works as a therapeutic guide aiding individual and couples in overcoming life altering challenges such as ongoing health conditions, sex and pornography addiction, and other compulsions that result in grief, loss, shame, anxiety, depression, trauma, intimacy disorders and relationship problems.

Whatever the given issue, she helps her clients find practical and down to earth ways to address their specific life challenge and get their lives back on track. Combining the arts with therapy, Dr. Hovey founded and directed a non-profit organization, the Family Institute for Creative Well-Being. Currently she is the president of Alliance for Healing PA where she continues to work with those who live with life altering challenges, assisting them on their transformational journeys.

There are some profound experiences for which words can fail. The use of PhotoTherapy cards helps unfold the reality of experience and achieve a new level of understanding and insight while both lifting the fog of ambiguity and taming chaos. Language structures meaning, determines how we see things, is the carrier of our culture, and affects our world view. Yet, in times of trial and overwhelming challenge, words are simply not enough to convey the thoughts and feelings of experience. At these times, it is helpful to step outside the typical mode of communication. The use of photos helps us move beyond language-bound barriers. It opens a new way to view and express experience. It also gives the therapist or even the individual an opening into the experience without the preconceived notion that they already know or will find the answers. It opens possibilities not otherwise considered through words alone. Because photos are part of our cultural fabric, their use is comfortable. It therefore allows an individual or client to more actively engage in the discovery process and move toward the construction of new meanings suited to healing and growth. As a result, they will feel better understood and more invested in their own healing process.



SHAN JUMPER PhD

Friday October 16 2020 10am-1130am

Sexual Violence and Civil Confinement

Shan Jumper, Ph.D., Dr. Jumper is currently the President of the Association for the Treatment of Sexual Abusers (ATSA). He served as the Treasurer for the Executive Board of ATSA from 2016-2018 and from 2013-2015 was the board Secretary. Dr. Jumper is also the current Past-President of the Sex Offender Civil Commitment Programs Network (SOCCPN), having served as President of this organization from 2012-2018. He received his doctorate in counseling psychology from the University of North Dakota and is licensed in Illinois as a Clinical Psychologist, Sex Offender Treatment Provider, and Sex Offender Evaluator. Dr. Jumper has worked in the field of sexual violence since 1991. Following a pre-doctoral internship in mental health and forensics at Connecticut Valley Hospital/Whiting Forensic Division, he was employed at the Sexually Violent Predator program in Wisconsin, where he conducted SVP re-examinations and provided court testimony and sex offense treatment. In 1999 Dr. Jumper joined the staff of the Sexually Violent Persons program at the Illinois Dept. of Human Services Treatment and Detention Facility as a psychologist, later serving as Treatment Team Leader and Associate Clinical Director. An employee of Liberty Healthcare, he has been the program's Executive Clinical Director since 2005. Dr. Jumper has worked in private practice as an expert witness, has published various peer reviewed articles and book chapters on sexual violence and has served on the adjunct faculty at Argosy University Chicago.

This workshop will describe the indefinite confinement to mental facility of individuals based on predictions of future sexually harmful behaviors. The second-generation commitment laws, often referred to as 'Sexually Violent Predator' laws, began appearing in the 1990's as a legislative response to high profile, horrific sexual crimes. The procedure and trends of civil commitment in the United States will be described, as will approaches to assessing and treating such an individual's risk for sexual violence. The workshop will also focus on the challenge of establishing therapeutic rapport and motivation for change in persons mandated to the treatment setting and will discuss special populations presenting for treatment in civil commitment centers, such as transgender individuals, men on the autism spectrum. The ethical and legal ramifications for this controversial approach to sexual violence prevention will also be discussed.



PETER KANARIAS PhD

Friday October 16 2-330pm

CyberInfidelity: A Treatment Model for the Great Challenge to Contemporary Relationships

Dr. Peter Kanaris holds a doctorate in Clinical and School Psychology from Hofstra University. He is a N.Y.S. licensed psychologist and the American Association of Sex Educators, Counselors, and Therapists certifies him as a Diplomate of Sex Therapy. He is a Distinguished Fellow of the New York State Psychological Association. He is a graduate Post-Doctoral Fellow of the Albert Ellis Institute in NYC where he served as a senior clinician, training supervisor and faculty member Dr. Kanaris has served as the Public Education Campaign Coordinator for the American Psychological Association in New York State. He has been the featured guest on many live interviews and call-in television programs where he has discussed a variety of topics on relationships and sexuality. He has appeared on radio programs from San Francisco to New York and has given numerous Internet, newspaper and magazine interviews discussing topics in sexuality and mental health. As Clinical Director of Hewlett Consultation Center from 1981 through 1999, Dr. Kanaris' responsibilities included psychotherapy, sex and marital counseling, and coordination of clinical services, professional training and public education. Since 2000, Dr. Kanaris has directed the Sexual Diagnostic Program at his office in Smithtown, New York. Access, affordability, anonymity and portability have made the Internet a primary portal to infidelities and out of control sexual behaviors. The developments of the smart phone and social media have significantly exacerbated this problem. This workshop will present an innovative and effective model of treatment to address this issue that is becoming a much more common challenge to relationships. A clinical case presentation will be utilized to illustrate this treatment approach. Participants will be able to describe and apply principles, concepts and methods of a conjoint model for the treatment of cyber infidelity.



ALEX KATEHAKIS PhD, LMFT

Saturday October 17 2020 430-630p

What's In a Name? Debating common models for sexual behaviors that have become problematic

Alexandra Katehakis, Ph.D., L.M.F.T. is Founder and Clinical Director of the Center for Healthy Sex in Los Angeles, faculty for the International Institute of Trauma and Addiction Professionals, and the recipient of the 2018 IITAP Leadership and 2012 Carnes Award. She is a Certified Sex Addiction Therapist/Supervisor and AASECT Certified Sex Therapist/Supervisor. Dr. Katehakis's most recent books include *Sexual Reflections: A Workbook for Designing and Celebrating Your Sexual Health Plan* (2018) and *Sex Addiction As Affect Dysregulation: A Neurobiologically Informed Holistic Treatment* (2016).



MARTY KLEIN PhD

Saturday October 17 2020 4:30-6:30pm *What's In a Name? Debating common models for sexual behaviors that have become problematic*

Sunday October 18 2020 12-3:15pm *When porn is the issue--working with couples and individuals*

Marty Klein, PhD has been an MFT and Certified Sex Therapist for 39 years. A founding editorial board member of the Journal of Porn Studies, his recent book (his 7th) is *His Porn, Her Pain: Confronting America's Porn Panic With*

Honest Talk About Sex. Marty has trained tens of thousands of professionals in human sexuality in over 40 countries, and he appears regularly in national media such as The New York Times, National Public Radio, and the Daily Show. Marty is regularly called upon to give expert testimony in human sexuality in state and federal courts. He recently gave two Congressional briefings on evidence-based sex education. His award-winning Sexual Intelligence blog is at www.SexEd.org.

What's In a Name? Has the upcoming addition of Compulsive Sexual Behavior Disorder into the ICD-11 finalized the debate about how to name and treat problematic sexual behaviors? This does not appear to be the case! It is important for both the public and professionals to understand the different models, why they exist and how each may have unique potential for individuals seeking help. In this panel discussion theory will be contrasted and commonalities explored. The discussion will illuminate for the audience three of the most common models for describing and treating sexual behavior problems from well-respected experts in their various fields. Join Eli Coleman PhD, Alex Katehakis, PhD, LMFT, CSAT-S, and Marty Klein, PhD as they help us understand and maneuver this extremely difficult arena joint model for the treatment of cyber infidelity.

When porn is the issue We're seeing more and more couples in conflict over one partner's porn use. The most common clinical approach to this problem pathologizes one partner's porn use while legitimizing the grievances of the consumer's partner. This violates our commitment to neutrality—and more importantly, it doesn't help the couple. To address porn-related issues more effectively, this workshop will focus on treating intrapsychic conflicts, power struggles, and existential issues relating to porn use. We'll look at how one or both partners may be acting out body image issues; and why "porn addiction" is not a helpful concept. We'll explore how conflict about pornography is often used to avoid confronting a sexual relationship's deficits. And we'll look at various sexual issues—such as desire, arousal, and masturbation—that should be raised when working with these cases. We'll learn how to help porn consumers and their partners disclose and discuss the state of their sexual relationship, and identify specific problems they would like to address. Finally, we'll look at our field's beliefs and standards for a moment. How do we define "sexual health" in this context? Can we honestly say we are "sex-positive" when working in this area? Do we really understand the perspective of porn consumers as well as we understand their partners? What is our vision of healthy porn use? And if we don't have such a vision, what does that say about our ability to support all of our clients?



LANEY KNOWLTON LMFT

Saturday October 17 2020 8-930am

Healthy Sexuality After Betrayal

I have worked in the field since 2009, specializing in sexual addiction. My experience includes individual, couple, and group counseling with both male and female addicts and their partners. I run groups for females sex/love addicts, male addicts, and couples workshops for sex and love addicts (both male and female) and their partners. I co-authored a two-volume set of books on treating sexual addictions individually and relationally. I volunteered with law enforcement for six years, initially with the Dallas Prostitute Diversion Initiative, then as a presenter at the Dallas John School, presenting on both pornography addiction and sexual addictions. I have presented at multiple professional conferences including ACA, SASH, AAMFT, TAMFT, and others, and have been a guest speaker at doctoral, graduate, undergraduate level classes. Additionally, I have taught multiple threeday trainings based on a model of therapy I co-developed that incorporates individual healing with relational healing for both addicts and partners, regardless of gender. I work in private practice in Lewisville, TX.

Healthy sexuality can be a very triggering topic for both partners and addicts. Partners may fear being told that their needs are wrong yet again, that they aren't allowed to say no, that they aren't allowed to be themselves, or that their trauma related to sexuality may be so deep that healing connection in this area feels impossible. Addicts often fear that they will be told sexuality is not a need and that they are not allowed to want it or to be themselves, or they only understand sex as a way to control and manipulate. At the core, both partners and addicts often struggle to find safety and peace in sexual connection. Healthy sexuality is not about having more sex or becoming something that someone else, or society, thinks you "should" become. It is about connecting to yourself emotionally and physically, and sharing that connection with someone else in a safe way that makes you feel more whole and connected. Between the influence of the addiction, family-of-origin, and society, many of the problems with physical intimacy for partners and addicts are trauma-related. Understanding the way each of these facets influences sexuality, and knowing how to help clients process through and heal from them is essential to long-term recovery. Additionally, steps to help clients work to reincorporate physical intimacy into their lives in a way that includes emotional and physical safety, along with empathy and the ability to work towards balanced connection, is crucial.



JANIE LACY LMHC, NCC, CSAT

Moderated Table Discussion

Woman Redeemed: Healing Sexual Trauma

Janie Lacy is a nationally known psychotherapist and Licensed Mental Health Counselor, National Certified Counselor, and Certified Sex Addiction Therapist. She is also a respected television commentator and founder of Life Counseling Solutions in Maitland, Florida. As a television commentator, Janie connects with viewers, and is sought after for her psychological insights and practical advice.

Her journey as a psychotherapist began when she worked for a non-profit where the clients had various psychiatric challenges along with volunteering at an experiential camp for adolescents with behavioral challenges. In both clinical settings and in private practice, Janie has treated all forms of mental illness, substance abuse, emotional disturbances, and sexual abuse. Janie earned a Bachelors of Science in Business Administration from the University of Central Florida and holds a Master's in Counseling Psychology from Palm Beach Atlantic University. She is currently pursuing her Doctorate in Clinical Psychology from California Southern University. Janie is a faculty member with the International Institute for Trauma & Addiction Professionals where she trains professionals who are committed to specializing in the areas of addiction recovery and trauma. Janie was awarded the "2018 Enterprise Business of the Year" award by the African American Chamber of Commerce of Central Florida. Janie was also selected as one of the Orlando Magazine's "2019 Women of the Year" and is featured in its Spring 2019 issue and honored at the yearly awards ceremony. Janie also co-hosts a popular podcast called "Life Unscripted" which can be found on iHeart, iTunes, Spotify and Spreaker.

This workshop will address the painful and addictive love and sex process that negatively impacts not only the love and sex addict, but also the individuals with whom they are in relationship. Topics include what happens in the brain that makes it hard to break the cycle, highlights of cultural factors and attachment patterns (attachment theory - John Bowlby) that lead to craving the perfect partner who will bring endless happiness, plus best practices to healing love and sexual trauma.



BIANCA LAUREANO PhD, H.C., MA, CSES

Friday October 16 2020 2-30pm

Intersectionality: From Theory to Practice

Bianca I Laureano is an award-winning educator, facilitator, curriculum writer, and sexologist. She is a founding member of the Women of Color Sexual Health Network (WOCSHN) and The LatiNegrxs Project. Her most recent project is ANTE UP! a virtual freedom school for justice workers offering professional development and certification we need for doing the work during these challenging times. Bianca earned her BA in Individual Studies with a focus on Latina Sexualities in 2000 from the University of Maryland, College Park. She earned a Masters of Arts from NYU in Human Sexuality Education in 2002 and a second Masters of Arts from the University of Maryland in Women's Studies with a focus on sexualities, race, and racialization in 2006. While at UM she was a CrISP Scholar at the Consortium on Race, Gender, and Ethnicity and helped create the Intersectional Research Database.

She has written several curricula that focus on communities of color: What's the REAL DEAL about Love and Solidarity? (2015) and Communication MixTape: Speak On It Vol 1. (2017), wrote the sexual and reproductive justice discussion guide for the NYC Department of Health and Mental Hygiene published in 2018, and is leading the curriculum development for the Netflix film Crip Camp which is rooted in disability justice principles available at www.CripCamp.com/curriculum. Bianca has been on the board of CLAGS, the LGBTQ Center at CUNY, The Black Girl Project, and SisterSong the women of color collective for reproductive justice.

She currently resides in Oakland, CA with her core partner G and is an AASECT certified sexuality educator and supervisor. Bianca was awarded an honorary doctorate from the California Institute of Integral Studies in May 2020 for her work in the US sexuality field advocating for justice and equity. Find out more about Bianca at her website BiancaLaureano.com and about ANTE UP! at www.AnteUpPD.com

Intersectionality has become a buzzword used often and often misused. This session offers an overview of primary resources, common errors, and correction. We will discuss how this practice and theory has expanded, critiques, and ways to incorporate this lens into our work in the US Sexuality Field.



JEFF LOGUE PhD, LPC-S

Saturday October 17, 2020 10-1130 am

The Effects of Online Infidelity on Heterosexual Marriages

The Effects of Online Infidelity on Heterosexual Marriages Dr. Logue is an LPC Supervisor in private practice. His clinical work focuses on impaired professionals with compulsive sexual behaviors. His doctoral work explored the relationship between a father's parenting style and later onset of sexual addiction in evangelical college students. He is Assistant Professor at Liberty University's College of Counselor Education & Family Studies.

This workshop explores the growing problem of online infidelity and the challenges it creates in marriage. Attendees will examine the various perceptions of online infidelity and how new media formats compare to traditional infidelity. Demographic information from the 2015 AshleyMadison.com data breach reveals important market determinants. Attendees will evaluate the role of pornography on marital quality and its effects on heterosexual marriages.



TROY LOVE LCSW

Moderated Table Discussion

Healing From Attachment Wounds

Two-time Amazon Best-Selling Author, Troy L. Love, LCSW, has over 20 years of experience in the mental health field. He specializes in working with trauma, broken relationships, and recovery from compulsive or addictive behaviors.

In this presentation, attendees are introduced to Attachment Wounds and associated negative core messages, written into the nervous system, which then become the filter for how life is viewed. We explore how shame promotes numbing behaviors, including compulsive sexually addictive behaviors. We also explore how "wound care" can help heal the wounds and thus change the paradigm in which we view the world.



SUE NEUFELD-ELLIS LMHC-CSAT-NCACII-RN

Thursday October 15, 2020 230-4pm

Mindful Self Compassion for the Clinician and the Client

Sue has worked in the fields of counseling, nursing, addictions, and psychotherapy since 1981. She has been a meditation teacher for 25 years, and a meditator, herself, for 43 years. She teaches Mindfulness Meditation, and other topics, at workshops, training, conferences and Podcasts and Webinars. Sue is a trained meditation teacher through the University of So. California-San Diego and has

also studied at the University of Washington. She is adjunct faculty for IITAP (International Institute for Trauma and Addiction Professionals). She co-presented, at SASH, in 2014, on The Disclosure and Reconciliation Process for Couples experiencing betrayal. Sue was part-time faculty for Bellevue Community College and Edmonds Community college, teaching Stress Management and on Problematic Sexual Behaviors and Partners. Sue has been a featured guest on several radio talk shows and was a columnist for a local newspaper on sex and relationship issues. Sue, and her husband, took a 3 year trip around the world, from 1993-1996, where she studied many types of meditation, with various teachers and in many different religions and traditions. She also experienced many adventures that were life-changing. She currently works very part-time with clients, and trains nationally and internationally. She enjoys consulting with other professionals and traveling with her husband.

Experience a sample of a Mindful Self-Compassion practice that will assist you, as a clinician, as well as your clients, in dealing with stress, uncomfortable feelings, and unwanted behaviors. These practices can also assist you in becoming calmer and more resilient. I will present some of the history and research, as well as what Mindfulness and Inquiry is and isn't. I will share how I have used it with clients who have Problematic Sexual behaviors/Partners/Couples and other addictive behaviors for the past 6 years.



SHIRA OLSEN PhD, LPS

Thursday October 15, 2020 1030-12pm

Why Talking About Sex is Essential for Partner Healing: A Posttraumatic Growth Model Following Intimate Betrayal

Dr. Shira Olsen is a Licensed Clinical Psychologist, Sex Therapist, Certified Sex Addiction Therapist, Certified Clinical Partner Specialist and co-founder of Pacific Behavioral Healthcare, an specialty outpatient clinic for treating complex sexual health and intimacy concerns. Dr. Olsen specializes in sex therapy and trauma treatment. She is a contributing author to *Facilitating Resilience and Recovery Following Trauma* and has published numerous empirical articles on the topic of betrayal trauma. Dr. Olsen works with individuals struggling with sexual and intimacy concerns, to include desire discrepancies, erotic conflicts, sexual dysfunctions, sexual communication, and sexual trauma. She also helps clients work through the pain of intimate betrayal and move towards growth. In her work, she draws upon a vast knowledge of empirical research in sexual health, trauma and relationships. She utilizes best practices to provide education and realistic hope for restoration and reconnection.

Research suggests that posttraumatic growth, a transformative process that impacts one's self-awareness and maladaptive core beliefs following trauma, can produce significant emotional and relational benefits (Tedeschi & Calhoun, 2004). In the case of intimate betrayal, an overlooked opportunity for posttraumatic growth is changes to existing and potentially psychologically damaging beliefs around sexuality. Betrayed partners often report significant distress around their sexuality as well as their partners which includes adverse beliefs about eroticism (fantasy and stimuli), negative perceptions of their bodies, distressing intrusive thoughts and images relating to sexual acts, maladaptive beliefs regarding sexual desire and masturbation, and depersonalization during sexual activity. Furthermore, Partners often avoid conversations about sex with their significant other and therapist which can maintain symptomatology, fuel feelings of guilt and shame when they do engage in sexual acts and perpetuate stigma and negative schemas around sex. In turn, this maladaptive narrative around sexuality, reinforces unhealthy core beliefs and perpetuates trauma suffering. Current partner trauma treatment models lack an in-depth integration of sexual health. Moreover, they tend to shy away from embracing conversations about sex, overtly perpetuate sexual myths and misinformation, and unintentionally encourage avoidance of conversations about sexuality until much later in treatment. These models, albeit well-meaning, may inadvertently be reinforcing beliefs about what constitutes "unhealthy sexuality." We propose a more inclusive treatment model that is in line with current research and uses posttraumatic growth principles to foster healing and necessitate discussion of healthy sexuality as part of the growth process to resolve trauma after intimate betrayal.



ZOË PETERSON PhD

Thursday October 15, 8:30-10am

#JointheConversation Presidents Panel

Zoë D. Peterson is President of the Society for the Scientific Study of Sexuality (2019-2021). She is a Professor of Counseling and Educational Psychology Indiana University. She is also a Senior Scientist and Director of the Sexual Assault Research Initiative at Indiana University's Kinsey Institute. She researches sexual assault, sexual coercion, and sexual consent. Over the past two decades, she has studied men's and women's experiences as victims and perpetrators of sexual aggression. Dr. Peterson also is a licensed clinical psychologist and editor of the Wiley Handbook of Sex Therapy (2017).



SHARON RINEARSON LCSW

Saturday October 17, 2020 8-930am

Safe, Brave and Sexy: Helping Couples Navigate the Risks and Rewards of Sexual Intimacy

Sharon Rinearson (LCSW) is the co-founder of CORE Relationship Recovery in West Palm Beach, Florida. With 20+ years of clinical practice, Sharon is known for her passionate approach and expert use of creative therapies to heal survivors of addiction, betrayal and relational trauma. Sharon is a Certified Clinical Trauma Professional (CCTP), Certified Clinical Partner Specialist (CCPS) and Florida Qualified Supervisor (FQS). She's also an unforgettably engaging and inspiring presenter, speaking nationally to groups of men, women, couples and colleagues. Along with her husband James, Sharon has been proud to serve as a former Board of Directors member for APSATS, the Association of Partners of Sex Addicts Trauma Specialists.

In a world that clamors to emphasize the importance of social sex education, messages about sexual intimacy (versus sexual intensity) tend to get lost in the dialogue. Sadly, this is often as true for mature adults as for younger individuals. As specialists within the field of sexual health, we see these clients flooding our offices. They're eager to improve their sex lives, yet painfully disconnected from the inner wisdom necessary to make great sex possible- emotional safety, relational courage and intimate connection. This is especially true for clients actively healing from problematic sexual behavior and/or partner betrayal, compounding the potential risks (and possible rewards) for both parties. Can sexual intimacy really be as satisfying as sexual intensity? And if so, how do we integrate emotional intimacy into relationships that are predictably safe, profoundly brave and powerfully sexy?



ERICA SARR PsyD

Saturday October 17, 2020 10-1130am

A Mind of Its Own: Understanding, Treating, and Grieving Erectile Dysfunction in Therapy

Dr. Erica Sarr has been treating clients with sexuality-related issues across a variety of settings since the beginning of her therapeutic career. Dr. Sarr is a licensed clinical psychologist and currently serves as the clinical director for Gentle Path at The Meadows. She also is a national speaker on process addiction and mental health issues. The focus of much of Dr. Sarr's career has been working with people who have committed professional or criminal sexual boundary violations as well as assisting the regulatory organizations that manage these clients. She has also worked in several intensive settings treating compulsive sexual behavior. She is passionate about helping all clients define and embrace healthy, values-congruent sexuality across the lifespan. Dr. Sarr also specializes in the intersection of sexuality, mental health, and technology, particularly in the area of video games.

Problems with sexual functioning are often very difficult for clients to bring up. Indeed, many struggling with erectile issues may not even address these concerns with medical providers, much less their therapist. Problems with erection not only affect a client's sexual life, but their romantic relationships, body image and sense of masculinity. The causes of erectile dysfunction are varied from medical complications and aging to anxiety and a consequence of compulsive behavior. This presentation aims to look at both the psychological factors which may complicate erectile difficulties, but also how to address feelings of shame, anger, and grief related to ongoing issues or new loss of functioning.

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VICTORIA SCHRODER PsyD, MA, LMHCA

Thursday October 15, 2020 1030-12pm

Why Talking About Sex is Essential for Partner Healing: A Posttraumatic Growth Model Following Intimate Betrayal

Victoria Schroder is a doctoral candidate in clinical psychology and is currently completing her internship at Pacific Behavioral Healthcare, an outpatient treatment clinic in Bellevue, WA specializing in the integration of sexuality, intimacy, and mental health. Victoria works primarily with individuals struggling with sexual compulsivity, intimate partner betrayal, and sexual intimacy. She conducts both individual and group therapy for individuals struggling with these various issues and also conducts psychological assessments to assess for underlying mental health concerns and comorbidities. Additionally, she is currently pursuing professional certifications in sex therapy and trauma. She utilizes a systems-based, trauma and attachment informed approach to sexual health and wellness supported by the latest empirical research in sexual health, trauma, and relationships.

Research suggests that posttraumatic growth, a transformative process that impacts one's self-awareness and maladaptive core beliefs following trauma, can produce significant emotional and relational benefits (Tedeschi & Calhoun, 2004). In the case of intimate betrayal, an overlooked opportunity for posttraumatic growth is changes to existing and potentially psychologically damaging beliefs around sexuality. Betrayed partners often report significant distress around their sexuality as well as their partners which includes adverse beliefs about eroticism (fantasy and stimuli), negative perceptions of their bodies, distressing intrusive thoughts and images relating to sexual acts, maladaptive beliefs regarding sexual desire and masturbation, and depersonalization during sexual activity. Furthermore, Partners often avoid conversations about sex with their significant other and therapist which can maintain symptomatology, fuel feelings of guilt and shame when they do engage in sexual acts and perpetuate stigma and negative schemas around sex. In turn, this maladaptive narrative around sexuality, reinforces unhealthy core beliefs and perpetuates trauma suffering. Current partner trauma treatment models lack an in-depth integration of sexual health. Moreover, they tend to shy away from embracing conversations about sex, overtly perpetuate sexual myths and misinformation, and unintentionally encourage avoidance of conversations about sexuality until much later in treatment. These models, albeit well-meaning, may inadvertently be reinforcing beliefs about what constitutes "unhealthy sexuality." We propose a more inclusive treatment model that is in line with current research and uses posttraumatic growth principles to foster healing and necessitate discussion of healthy sexuality as part of the growth process to resolve trauma after intimate betrayal.



ELIZABETH SMART

Thursday October 15 2020 1230-2pm

Overcoming Adversity and Not Letting the Past Define Your Future

The abduction of Elizabeth Smart was one of the most followed child abduction cases of our time. Elizabeth was abducted from her home at the age of 14 on the night of June 5, 2002. For the next nine months, her captors controlled her by threatening to kill her and her family if she tried to escape. Fortunately, her grueling imprisonment ended on March 12, 2003, when an observant and courageous bystander took action, alerting the police and ultimately leading to her safe return to her family.

Elizabeth triumphantly testified before her captors and the world about the very private nightmare she suffered during her abduction, which led to their convictions. Through this traumatic experience, Elizabeth has become an advocate for change related to child abduction, recovery programs, and national legislation.

Elizabeth has helped promote the international AMBER Alert system, the Adam Walsh Child Protection & Safety Act and other safety legislation to help prevent abductions. She is the founder of the Elizabeth Smart Foundation. Come hear Elizabeth speak about her journey of recovery and her message of hope and healing.



CAMERON STALEY PhD

Saturday October 17 12-130pm

Overcoming "Addiction" to Pornography Addiction through Acceptance and Commitment Therapy (ACT)

Cameron Staley is a clinical psychologist at Idaho State University's Counseling and Testing Service and adjunct faculty for the psychology department. He enjoys providing counseling to university students, teaching courses, supervising counseling, social work, and psychology graduate students, and training mental health professionals. Cameron has presented his research on pornography at the International Academy of Sex Research (IASR) and the Society for the Scientific Study of Sexuality (SSSS) along with peer-reviewed publications in the journals of Socioaffective Neuroscience and Psychology, Social Cognitive and Affective Neuroscience, Biological Psychology, Sexual Addiction & Compulsivity, and Archives of Sexual Behavior. Cameron completed his psychology internship at Brigham Young University's Counseling and Psychological Services where he first learned Acceptance and Commitment Therapy (ACT) as an effective treatment for unwanted pornography viewing. In his TEDx talk, Changing the Narrative Around the Addiction Story, Cameron shares details from his research and counseling experience regarding helpful ways to talk about sexuality and how to effectively reduce unwanted pornography viewing through mindfulness. In an effort to make these principles more accessible, he developed an online self-directed program called Life After Pornography based on ACT concepts proven effective in research to reduce unwanted pornography viewing in adults.

Acceptance and Commitment Therapy (ACT) is a transdiagnostic treatment that has been found efficacious for a wide range of problems across over 300 randomized controlled trials including compulsive disorders such as pornography viewing (Twohig & Crosby, 2016). ACT provides a comprehensive framework for addressing core pathological processes underlying problematic pornography viewing including psychological inflexibility (Wetterneck, Burgess, Short, Smith, & Cervantes, 2012; Levin, Lillis, & Hayes, 2012), low trait-mindfulness (Reid, Bramen, & Anderson 2013), emotion dysregulation (Bancroft, & Vukadinovic 2004), rigid adherence to inner experiences (e.g., urges, thoughts, emotions), and moral disapproval (Grubbs, Perry, & Wilt, 2018). This presentation will demonstrate how ACT principles effectively reduce unwanted pornography viewing by cultivating openness to experiencing urges to view pornography and by promoting value-directed behaviors instead of ineffective efforts to control inner experiences.



ANDREW SUSSKIND MSW

Saturday October 17 2020 145-315pm

The Gratitude of Loss:

Utilizing the Stages of Grief as a Strategy for Sustainable Sexual Sobriety

Andrew Susskind is a Licensed Clinical Social Worker, Somatic Experiencing and Brainspotting Practitioner and Certified Group Psychotherapist based in West Los Angeles since 1992 specializing in trauma, addictions and codependency. He serves as faculty for the Principles of Group Psychotherapy Course and taught

residents in the UCLA School of Medicine Doctoring program. Andrew has mentored associates in his private practice since 1997. His recent book, *It's Not About the Sex: Moving from Isolation to Intimacy after Sexual Addiction* (Central Recovery Press, 2019) joins his workbook, *From Now On: Seven Keys to Purposeful Recovery* (2014).

As a psychotherapist and sex addict who's been in twelve-step recovery for more than twenty-five years, I've witnessed thousands of clients, colleagues and friends struggle with problematic sexual behavior and its consequences. And there's one thing I know for sure: compulsive sexual behavior is not about sex: it's about deep-rooted challenges with intimacy and love. It's been five decades since Elisabeth Kubler-Ross introduced the five stages of loss, but how do you apply them with your clients today? In this workshop you'll see how this age-old theory relates to sex addiction and how there are five stages of gratitude that correlate with it. Positive Psychologists have shown that practicing gratitude is essential for life contentment, and their research can also be applied to long-term recovery. As we examine the stages of loss -- denial, anger, bargaining, depression and acceptance -- participants will take a fresh look at the losses and gains associated with grief and gratitude. In my office and in the twelve-step rooms, the suffering continues, and while some people are able to find a life of integrity and direction, not everyone gets traction. At this time, there is little focus on sex addicts who have been in recovery for many years, but still struggle. This presentation focuses on the valuable exploration of loss and appreciation -- two unlikely ingredients to long-term recovery and greater life fulfillment.



ELIZABETH YORK PhD

Thursday October 15, 2020 1030-12pm

Sexual health after traumatic brain injury

Dr. Elizabeth York is an I/O Psychologist whose work in rehabilitation has brought her to help trauma and traumatic brain injury survivors manage the effects trauma can have on their ability to work, their ability to function in the community, and quality of life. Dr. York serves on the Governor's State of Washington Traumatic Brain Injury Advisory Council, and has served as chair of it's Executive Committee since

2017. She is also a TBI survivor, and draws upon her experiences when coaching and counseling TBI and trauma survivors, their caregivers and their support network individuals. Dr. York shares her expertise often in workshops, conferences and other venues in her mission to inform and educate about the effects of traumatic brain injury.

A traumatic brain injury, even a mild one, can affect many areas of one's life. Studies show that varying degrees of a variety of effects can include cognitive and memory issues, emotional instability, depression, and other effects can occur after a brain injury, from mild concussion to severe TBI. Studies have also shown that TBI can also lead to sexual dysfunction including changes in desire, energy and libido, ED, changes in ability to achieve erection or orgasm, intimacy and relationship issues, and more. This presentation helps professionals recognize the symptoms of sexual dysfunction, discusses the research, and presents an opportunity to learn more about TBI and how to help those experiencing the effects.

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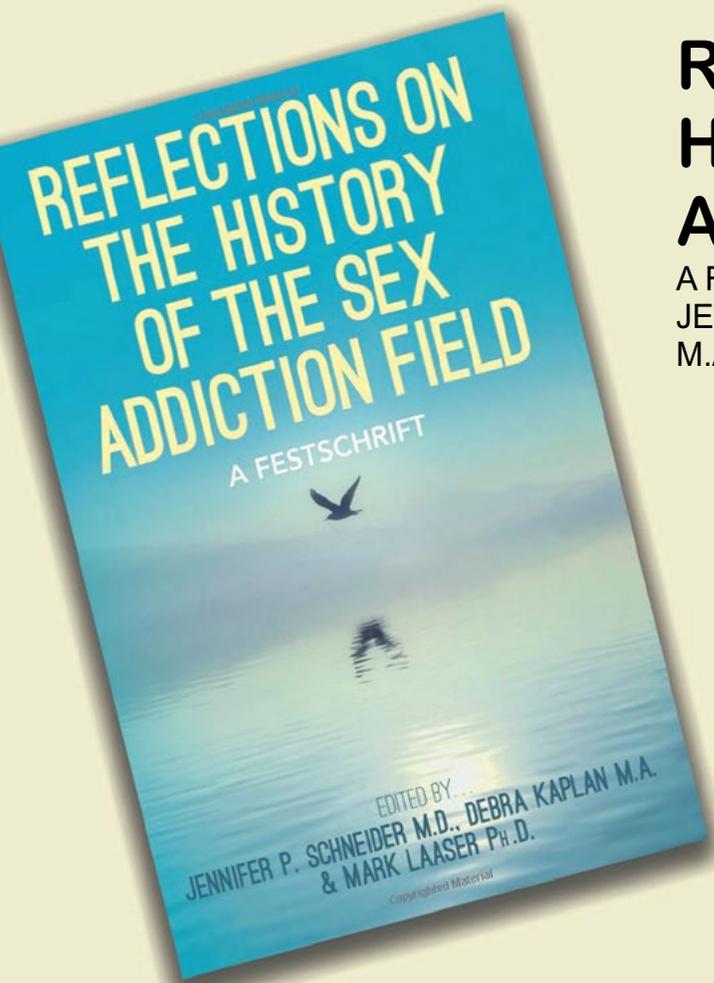
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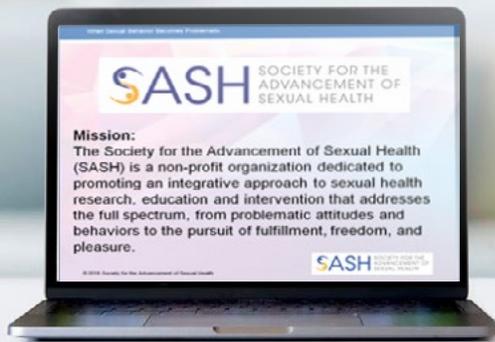
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When Sexual Behavior Becomes Problematic is for community audiences, and any member can offer it in your community. **Problematic Sexual Behavior 101** is for professional audiences, suitable for CE's *, and you must be a qualified licensed / certified professional to deliver it.

When Sexual Behavior Becomes Problematic [community]

This seminar is designed for anyone wondering "How do I know when sex is a problem?" It is for parents, spouses, clergy, teachers or anyone looking for answers and help. It addresses labels for problematic sexual behavior and behaviors for which people seek treatment. Sexual behavior that is problematic for some people may not be for others, and attendees will be given a framework to help them distinguish potential problems from healthy sexual behavior, as well as a list of risk factors that appear to contribute to the development of problems. Participants will review recent research on internet pornography's effects, as well as the new "Compulsive Sexual

50 Minutes

*NOTE: If CEs are offered, attendees must pay to attend. Once SASH's CE charges are covered, any remaining proceeds will be split between you and SASH.

Problematic Sexual Behavior 101 [professionals]

This seminar is for professionals both new to the field of sexual health and already working in it. It addresses various labels for problematic sexual behavior (PSB) as well as categorizing the types of behaviors for which people seek treatment. Participants will be able to (1) describe a framework for identifying problematic sexual behaviors; (2) discuss potential risk factors for PSB; and (3) list various treatment options for PSB and support options for partners. The risk factors that appear to contribute to the development of problems will also be addressed. Finally, attendees will review the new "Compulsive Sexual Behavior Disorder"

55 Minutes

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Title of Presentation	Date	Potential Corresponding Credential
	THURSDAY	
Gender Development and Superego Pathology as it Relates to OCSB: From Victimhood to Emotional Literacy and Agency (Crocker)	10/15/2020 08:00 AM - 10:00 AM	CPSBT1c methods of clinical intervention for problematic sexual behavior
PSB 101-for Professionals (Hedelius)	10/15/2020 08:00 AM - 10:00 AM	CPSBT1a (60 mins) multiple theories of problematic sexual behaviors and its etiology AND CPSBT1b (30mins) Assessment and diagnosis related to problematic sexual behaviors.
Why Talking About Sex is Essential for Partner Healing: A Posttraumatic Growth Model Following Intimate Betrayal (Olsen)	10/15/2020 10:30 AM - 12:00 PM	CPSBT1d (30 mins) treatment for affected family members OR CSRTT1d (30 mins) sexual resilience (health, empowerment, safety, and fulfillment) in the aftermath of trauma. AND CPSBT1d (30mins) treatment for affected family member OR CSRTT1a (30mins) psychological, biological, emotional, and social experiences of survivors in the aftermath of trauma and posttraumatic symptoms and etiology OR CSRTT1d sexual resilience (health, empowerment, safety, and fulfillment) in the aftermath of trauma. AND CPSBT1d (30mins) treatment for affected family members OR CSRTT1d (30 mins) sexual resilience (health, empowerment, safety, and fulfillment) in the aftermath of trauma.
Sexual Health After Traumatic Brain Injury (York)	10/15/2020 10:30 AM - 12:00 PM	GHS2a The influence of health and medical factors on sexuality (e.g., illness and infection, disability, mental health, medications, contraception and safer sex practices, fertility struggles, pregnancy and childbirth, pregnancy termination, sexually transmitted infection, physical injuries)
Mindful Self Compassion for the Clinician and the Client (Neufeld-Ellis)	10/15/2020 02:00 PM - 03:30 PM	CPSBT1c methods of clinical intervention for problematic sexual behavior
"Pills Won't Take The [Stigma] Away": Fostering Older Adult Sexuality Beyond Medicalization (Ellis)	10/15/2020 03:45 PM - 05:15 PM	GHS1a (60 mins) Sexual development across the life-span from a biological, psychological, and social perspective OR GHS5b (60 mins) Professional communication skills (concerning clients, colleagues, and students) OR CSWT1b (60mins) Assessment and diagnosis of psychosexual disorders OR CSWT1dvii (60mins) medical and disability concerns and sexuality And GHS3d (30 mins) Economic, cultural, religious/spiritual, and familial factors influencing sexual behaviors and values OR CSWT1b (30 mins) assessment and diagnosis of psychosexual disorders OR CSWT1dvii (30 mins) medical and disability concerns and sexuality
Bringing the Dark Side to the Table: A look at the Darker Side of Pornography and the Dark Web (Freestone)	10/15/2020 03:45 PM - 05:15 PM	CPSBT1a (30 mins) multiple theories of problematic sexual behaviors and its etiology OR CSWT1b (30 mins) assessment and diagnosis of psychosexual disorders OR CSWT1div (30 mins) paraphilic disorders OR CSOC1ci (30 mins) paraphilic disorders AND GHS3e (30 mins) the interaction of technology and sexuality AND GHS3e (30 mins) the interaction of technology and sexuality OR CPSBT1b (30mins) assessment and diagnosis related to problematic sexual behaviors OR CSOC1a assessment
Sexual Addiction or Bipolar Mania? Facets of Sexual Compulsivity in Those Experiencing Bipolar Mania. (Cooper, P.)	10/15/2020 05:30 PM - 07:00 PM 10/16/2020 04:00 PM - 05:30 PM	GHS2a (90 mins) The influence of health and medical factors on sexuality OR CPSBT1a (30 mins) Multiple theories of problematic sexual behaviors and its etiology OR CPSBT1b (30 mins) assessment and diagnosis related to problematic sexual behaviors. OR CPSBT1c (30 mins) methods of clinical intervention for problematic sexual behavior.
An Emotional-Developmental Model of Intimacy (Hentsch)	10/15/2020 05:30 PM - 07:00 PM 10/16/2020 04:00 PM - 05:30 PM	GHS4a (90 mins) relationship dynamics and intimacy skills
Woman Redeemed: Healing Sexual Trauma (Lacy)	10/15/2020 05:30 PM - 07:00 PM 10/16/2020 04:00 PM - 05:30 PM	CPSBT1a (60 mins) multiple theories of problematic sexual behaviors and its etiology AND CPSBT1c (30 mins) methods of clinical intervention for problematic sexual behavior



all courses on the list above are applicable to sash credentials:

GHS=General Human Sexuality Requirements, required for ALL credentials
CPSBT=Certified Problematic Sexual Behavior Therapist
CSRTT=Certified Sexual and Relational Trauma Therapist
CSWT=Certified Sexual Wellness Therapist
CSOC=Certified Sexual Offender Clinician



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Title of Presentation	Date	Potential Corresponding Credential
	FRIDAY	
#JointheConversation Presidents Panel (Hedelius and Panel)	10/16/2020 08:00 AM - 09:30 AM	GHS5b (90mins) professional communication skills (concerning clients, colleagues and students).
Perpetrator Accountability in the Time of #MeToo: Individuals Who Offend and Moving Towards Prevention (Christopher)	10/16/2020 10:00 AM - 11:30 AM	CSOCf (60 mins) Concerning limits of competence, ethics, legal concerns and standards of care for sex offender assessment and treatment AND CSOCai Actuarial risk assessment of sexual offenders.
Sexual Violence and Civil Confinement (Jumper)	10/16/2020 10:00 AM - 11:30 AM	CSOC 1e criminal justice system OR CSOC1f limits of competence, ethics, legal concerns, and standards of care for sex offender assessment and treatment
A Framework For Categorizing Problematic Sexual Behavior (Herring)	10/16/2020 12:00 PM - 01:30 PM	GHS2f (30 mins) multiple theories of problematic sexual behaviors OR CPSBT1a (30 mins) multiple theories of problematic sexual behaviors and its etiology AND GHS2f (30 mins) multiple theories of problematic sexual behaviors OR CPSBT1b (30 mins) assessment and diagnosis related to problematic sexual behavior AND CPSBT1a (30mins) multiple theories of problematic sexual behaviors and its etiology
CyberInfidelity: A Treatment Model for the Great Challenge to Contemporary Relationships (Kanarias)	10/16/2020 02:00 PM - 03:30 PM	CSWT1c relationship intervention for problems implicating sex and intimacy
Intersectionality: From Theory to Practice (Laureano)	10/16/2020 02:00 PM - 03:30 PM	GHS5a Ethics
Sexual Addiction or Bipolar Mania? Facets of Sexual Compulsivity in Those Experiencing Bipolar Mania. (Cooper, P.)	10/15/2020 05:30 PM - 07:00 PM 10/16/2020 04:00 PM - 05:30 PM	GHS2a (90 mins) The influence of health and medical factors on sexuality OR CPSBT1a (30 mins) Multiple theories of problematic sexual behaviors and its etiology OR CPSBT1b (30 mins) assessment and diagnosis related to problematic sexual behaviors. OR CPSBT1c (30 mins) methods of clinical intervention for problematic sexual behavior.
An Emotional-Developmental Model of Intimacy (Hentsch)	10/15/2020 05:30 PM - 07:00 PM 10/16/2020 04:00 PM - 05:30 PM	GHS4a (90 mins) relationship dynamics and intimacy skills
Woman Redeemed: Healing Sexual Trauma (Lacy)	10/15/2020 05:30 PM - 07:00 PM 10/16/2020 04:00 PM - 05:30 PM	CPSBT1a (60 mins) multiple theories of problematic sexual behaviors and its etiology AND CPSBT1c (30 mins) methods of clinical intervention for problematic sexual behavior



all courses on the list above are applicable to sash credentials:

GHS=General Human Sexuality Requirements, required for ALL credentials
CPSBT=Certified Problematic Sexual Behavior Therapist
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SATURDAY OCTOBER 17TH

***all conference times are central time (utc-6)**

Title of Presentation	Date	Potential Corresponding Credential
	SATURDAY	
Healthy Sexuality After Betrayal (Knowlton)	10/17/2020 08:00 AM - 09:30 AM	CSRTT1d sexual resilience (health, empowerment, safety, and fulfillment) in the aftermath of trauma.
Safe, Brave and Sexy: Helping Couples Navigate the Risks and Rewards of Sexual Intimacy (Annear)	10/17/2020 08:00 AM - 09:30 AM	GHS4a Relationship dynamics and intimacy skills OR CSRTT1d sexual resilience (health, empowerment, safety, and fulfillment) in the aftermath of trauma OR CSWT1c relationship intervention for problems implicating sex and intimacy
The Effects of Online Infidelity on Heterosexual Marriages (Logue)	10/17/2020 10:00 AM - 11:30 PM	GHS3e the interaction of technology and sexuality
A Mind of Its Own: Understanding, Treating, and Grieving Erectile Dysfunction in Therapy (Sarr)	10/17/2020 10:00 AM - 11:30 PM	GHS 2b Sexual functioning challenges and dysfunctions (e.g., discrepancy in partner desire, absence of desire, difficulties attaining or sustaining arousal, difficulties with sexual pain and penetration, and orgasm difficulties.) OR CSWT1di Arousal disorders
Overcoming "Addiction" to Pornography Addiction through Acceptance and Commitment Therapy (ACT) (Staley)	10/17/2020 12:00 PM - 01:30 PM	CPSBT1a (30 mins) Multiple theories of problematic sexual behavior and its etiology. AND CPSBT 1c (60 mins) methods of clinical intervention for problematic sexual behavior
Healing from Infidelity with Sex Workers: Peeling Back Men's Sexual Narrative (Cooper, S.)	10/17/2020 01:45 PM - 03:15 PM	CPBST1b (30 mins) assessment and diagnosis related to problematic sexual behaviors AND CPBST1d treatment for affected family members AND CPBST1c methods of clinical intervention for problematic sexual behavior
The Gratitude of Loss: Utilizing the Stages of Grief as a Strategy for Sustainable Sexual Sobriety (Susskind)	10/17/2020 01:45 PM - 03:15 PM	CPSBT1c methods of clinical intervention for problematic sexual behavior
What's In a Name? Debating common models for sexual behaviors that have become problematic (Coleman, Katehakis and Klein)	10/17/2020 04:30 PM - 06:30 PM	GHS2f multiple theories of problematic sexual behaviors OR CPSBT1a multiple theories of problematic sexual behaviors and its etiology



SUNDAY OCTOBER 18TH

***all conference times are central time (utc-6)**

Title of Presentation	Date	Potential Corresponding Credential
	SUNDAY	
When Porn is the Issue--Working with Couples and Individuals (Klein)	10/18/2020 12:00 PM - 03:15 PM	First 60 mins:GHS2f multiple theories of problematic sexual behaviors OR CPSBT1a multiple theories of problematic sexual behaviors and its etiology AND 120 mins GHS4c Negotiating differences in sexual desire, interests, preferences, and values between partners OR CSRTT1c treatment methods specifically tailored to sexual relational trauma (e.g. infidelity) OR CPSBT1c methods of clinical intervention for problematic sexual behavior



all courses on the lists above are applicable to sash credentials:

GHS=General Human Sexuality Requirements, required for ALL credentials
CPSBT=Certified Problematic Sexual Behavior Therapist
CSRTT=Certified Sexual and Relational Trauma Therapist
CSWT=Certified Sexual Wellness Therapist
CSOC=Certified Sexual Offender Clinician



OVERVIEW OF SASH CREDENTIALS

The SASH certifications are the only credentials in the industry that comprehensively address specific areas of sexual health. Clinical Professionals who seek to market to potential clients that they are expertly trained above and beyond competing providers in a specific area relating to sexual health, and can therefore offer a specialized and deeper level of understanding in that area, may be interested in obtaining a SASH Credential in that area. In many cases, for active clinicians practicing in the field, several of an individual's credential requirements may already be met, making this specialized certification a valuable tool for little additional effort.

To emphasize their experience and knowledge as a leading professional in the industry, clinicians may apply for one or more of the following specialized certifications:

Certified Problematic Sexual Behavior Therapist (CPSBT)

Certified Sexual Wellness Therapist (CSWT)

Certified Sexual and Relational Trauma Therapist (CSRTT)

Certified Sexual Offender Clinician (CSOC)

Distinguished Sex Therapist (DST)

Application fee \$200

Requirements for All Certifications

GENERAL PREREQUISITES REQUIREMENTS

To be eligible for any of the SASH credentials, the following requirements must be met:

1. A medical degree (including Doctor of Osteopathic Medicine), advanced practice nursing degree, or a graduate degree in a field of behavioral health (e.g., psychology, social work, counseling, marriage and family therapy) from an accredited university.
2. At least one year of licensure to practice independently as a mental health provider (e.g., licensed clinical psychologist, licensed psychiatrist, licensed professional counselor, licensed mental health counselor, licensed marriage and family therapist, licensed clinical social work, licensed psychiatric nurse practitioner, or equivalent) at the masters or doctoral level.
3. If the applicant holds a degree from a non-accredited institution, or is practicing outside of the United States or in a United States territory, the applicant will provide documentation to demonstrate that the education and licensure that they have obtained is functionally equivalent to these standards.

SEXUAL ATTITUDES REASSESSMENT (SAR)

To be eligible for any of the SASH credentials, an individual must have completed a group experience of no less than ten clock hours in which the individual processes, explores, and reevaluates their own beliefs, feelings, values, attitudes, and trauma involving the topic of human sexuality and human sexual behavior. The experience may be done over multiple sessions, but each session must be conducted for a minimum of three (3) clock hours and must be conducted in a group setting.

For the experience to count as credit towards a credential, it must not have been conducted in the course of personal therapy. If the experience was conducted in the course of academic work, the participant must show that it was experiential in nature and not a lecture-based learning exercise. The individual must be a participant in the experience, and not a facilitator.

A similar workshop such as the Sexual Attitudes and Values Overview and Reevaluation (SAVOR) available from SASH also fulfills this requirement.

GENERAL HUMAN SEXUALITY EDUCATION REQUIREMENTS

To be eligible for any of the SASH credentials, an individual must have completed no less than ninety (90) clock hours of education in human sexuality (please note that one clock hour is sixty minutes). The applicant must have completed at least three (3) clock hours in each of the subject matter below marked with an asterisk (*). The remainder may be obtained in any of the subject matter below, including electives marked with a dagger (†), but no more than twenty (20) hours in any of these areas may be counted towards the total. At least fifteen (15) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations.

Please note that the Credentialing Committee reserves the right to reject any educational credits, or to request additional education in any subject matter prior to awarding a certification.

Human Sexuality Core Knowledge Areas

1. Sexual Development, Anatomy, Physiology, and Reproduction
 - a. Sexual development across the life-span from a biological, psychological, and social perspective *
 - b. Sexual and reproductive anatomy and physiology *
 - c. Sexual response cycle and models of sexual desire *
 - d. Theories explaining individual differences in sexuality *
 - e. Conception and childbirth †
2. Sexual Health Challenges
 - a. The influence of health and medical factors on sexuality (e.g., illness and infection, disability, mental health, medications, contraception and safer sex practices, fertility struggles, pregnancy and childbirth, pregnancy termination, sexually transmitted infection, physical injuries) *
 - b. Sexual functioning challenges and dysfunctions (e.g., discrepancy in partner desire, absence of desire, difficulties attaining or sustaining arousal, difficulties with sexual pain and penetration, and orgasm difficulties) *
 - c. The interaction of substance use/abuse and sexuality *
 - d. Sexually transmitted infections *
 - e. Sexual trauma (e.g., exploitation, abuse, harassment, and assault) *
 - f. Multiple theories of problematic sexual behavior *
3. Sexual Identity and Erotic Expression
 - a. Sexual orientation *
 - b. Gender identity and gender roles *
 - c. Diverse sexual expressions and lifestyles (e.g., consensual non-monogamy, tantra, BDSM) *
 - d. Social, economic, cultural, religious/spiritual, and familial factors influencing sexual behaviors and values *
 - e. The interaction of technology and sexuality *
 - f. Pleasure enhancement skills, techniques, and tools *
4. Intimacy and Relationships
 - a. Relationship dynamics and intimacy skills *
 - b. Sexual communication between partners *
 - c. Negotiating differences in sexual desire, interests, preferences, and values between partners *
 - d. Models of effective communication (e.g., verbal and non-verbal communication) †
5. Professional Development
 - a. Ethics *
 - b. Professional communication skills (concerning clients, colleagues, and students) *
 - c. History of the research, theory, and treatment concerning human sexuality †
 - d. Methods and principles of sexuality research †
 - e. Careers in sexual health †

NOTE: The applicant must have completed at least three (3) clock hours in each of the subject matter above marked with an asterisk (*). The remainder may be obtained in any of the subject matter listed above, including electives marked with a dagger (†), but no more than twenty (20) hours in any of these areas may be counted towards the total.

Certified Problematic Sexual Behavior Therapist (CPSBT)

Clinical professionals seeking certification as a CPSBT have an interest in treating individuals struggling with problematic sexual behavior (PSB). These clinicians understand the nuances of PSB and know that only through very specific therapeutic approaches can someone heal.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete a minimum of seventy (70) total hours of training in problematic sexual behavior in the past five (5) years. At least thirty-five (35) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations (see last page). Please note that the SASH Credentialing Committee reserves the right to reject any educational credits or to request additional education in any subject matter prior to awarding a certification.

This training must include the following minimum requirements:

- a. A minimum of ten (10) hours covering multiple theories of problematic sexual behavior and its etiology
 - b. A minimum of ten (10) hours in assessment and diagnosis related to problematic sexual behaviors
 - c. A minimum of twenty (20) hours in methods of clinical intervention for problematic sexual behavior
 - d. A minimum of ten (10) hours in treatment for affected family members
 - e. A minimum of five (5) hours in factors relating to sexual diversity (e.g., sexual minorities, age, ethnicity, homelessness, substance use population) and differentiating problematic sexual behavior within diverse populations
 - f. A minimum of five (5) hours in sexual offender evaluation and treatment
 - g. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.
 - h. A minimum of five (5) hours concerning limits of competence, ethics, legal concerns, and standards of care for treatment of problematic sexual behavior
2. Complete a minimum of five hundred (500) hours of direct clinical intervention with clients or family members affected by problematic sexual behaviors.
 3. Complete at least forty (40) hours of clinical supervision of treatment for problematic sexual behaviors.
 - a. Supervision may be conducted by any CPSBT Supervisor
 - b. Supervision may be conducted by someone who is a recognized expert in this subject matter who is not a predesignated CPSBT supervisor, as approved by SASH on a case by case basis. To have such a supervisor approved, the applicant must submit a Supervisor Special Approval Form, along with a copy of the supervisor's vita and a statement of the qualifying nature of the supervision
 - c. A minimum of fifteen (15) hours must be completed in individual (one on one) supervision
 - d. The remaining supervision can occur in groups no larger than six (6) supervisees.
 - e. Supervision must come from at least two supervisors with different theoretical orientations. (supervision hours are equally divided between the two supervisors.)

** Ongoing Certification Requirements may be found on SASH website (sash.net)*

Certified Sexual Wellness Therapist (CSWT)

Clinicians with an interest in helping individuals understand sexual wellness and the interplay of desire, pleasure, arousal, intimacy, and other issues related to sexual well-being may seek CSWT certification.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete a minimum of seventy (70) total hours of training in sexual wellness, dysfunction (physical and mental), and pleasure enhancement in the past five (5) years. At least thirty-five (35) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations (see last page). Please note that the Credentialing Committee reserves the right to reject any educational credits or to request additional education in any subject matter prior to awarding a certification.

This training must include the following minimum requirements:

- a. A minimum of ten (10) hours in theories and methods of sex therapy relating to sexual wellness and functioning
 - b. A minimum of ten (10) hours in the assessment and diagnosis of psychosexual disorders
 - c. A minimum of ten (10) hours in relationship intervention for problems implicating sex and intimacy
 - d. A minimum of twenty-five (25) hours in sex therapy intervention techniques with specific attention to each of the following areas:
 - i. Arousal disorders
 - ii. Desire disorders
 - iii. Orgasmic disorders
 - iv. Paraphilic disorders
 - v. Pain and discomfort (e.g., Vaginismus, Dispareunia)
 - vi. Sexual orientation and identity
 - vii. Medical and disability concerns and sexuality
 - e. A minimum of five (5) hours concerning limits of competence, ethics, legal concerns, and standards of care for sexual functioning and wellness therapy.
 - f. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.
2. Complete a minimum of five hundred (500) hours of direct sex therapy intervention with individuals or couples.
 3. Complete at least forty (40) hours of clinical supervision of sex therapy practice.
 - a. Supervision may be conducted by any CSWT Supervisor
 - b. Supervision may be conducted by someone who is a recognized expert in this subject matter who is not a predesignated CSWT supervisor, as approved by SASH on a case by case basis. To have such a supervisor approved, the applicant must submit a Supervisor Special Approval Form, along with a copy of the supervisor's vita and a statement of the qualifying nature of the supervision
 - c. A minimum of fifteen (15) hours must be completed in individual (one on one) supervision
 - d. The remaining supervision can occur in groups no larger than six (6) supervisees.
 - e. Supervision must come from at least two supervisors with different theoretical orientations. (supervision hours are equally divided between the two supervisors.)
 4. *Ongoing Certification Requirements may be found on SASH website (sash.net)*

Certified Sexual and Relational Trauma Therapist (CSRTT)

Therapists seeking certification as a sexual and relational trauma therapist have a focus on families and partners. These professionals are invested in helping the injured relationship heal so relationships are restored and sexual health is optimized. These professionals are also invested in helping those harmed by sexual trauma begin a life of recovery.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete a minimum of seventy (70) total hours of training in sexual and relational trauma in the past five (5) years. At least thirty-five (35) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations (see last page). Please note that the Credentialing Committee reserves the right to reject any educational credits or to request additional education in any subject matter prior to awarding a certification.

This training must include the following minimum requirements:

- a. A minimum of (10) hours in the psychological, biological, emotional, and social experiences of survivors in the aftermath of trauma and posttraumatic symptoms and etiology
 - b. A minimum of twenty (20) hours in treatment methods specifically tailored to sexual abuse or assault survivors, with exposure to multiple theoretical perspectives
 - c. A minimum of twenty (20) hours in treatment methods specifically tailored to sexual relational trauma (e.g., infidelity), with exposure to multiple theoretical perspectives
 - d. A minimum of twenty (15) hours in sexual resilience (health, empowerment, safety, and fulfillment) in the aftermath of trauma
 - e. Training in only one treatment methodology is not sufficient to fully meet these requirements
 - f. Training in EMDR or other general trauma methodologies may only count towards ten (10) of these hours
 - g. A minimum of five (5) hours concerning limits of competence, ethics, legal concerns, and standards of care for sex and relational trauma
2. Complete a minimum of five hundred (500) hours of direct sexual and relational trauma intervention with individuals or couples.
 3. Complete at least forty (40) hours of clinical supervision of sex therapy practice.
 - a. Supervision may be conducted by any CSRTT Supervisor
 - b. Supervision may be conducted by someone who is a recognized expert in this subject matter who is not a predesignated CSRTT supervisor, as approved by SASH on a case by case basis. To have such a supervisor approved, the applicant must submit a Supervisor Special Approval Form, along with a copy of the supervisor's vita and a statement of the qualifying nature of the supervision
 - c. A minimum of fifteen (15) hours must be completed in individual (one on one) supervision
 - d. The remaining supervision can occur in groups no larger than six (6) supervisees.
 - e. Supervision must come from at least two supervisors with different theoretical orientations. (supervision hours are equally divided between the two supervisors.)

** Ongoing Certification Requirements may be found on SASH website (sash.net)*

Certified Sexual Offender Clinician (CSOC)

Therapists seeking certification as a CSOC understand the unique qualities of this specialty. The combined knowledge of clinical models/treatment and the legal system allow clinicians to be effective treatment providers.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete a minimum of seventy (70) total hours of training concerning sexual offending in the past five (5) years. At least thirty-five (35) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations (see last page). Please note that the Credentialing Committee reserves the right to reject any educational credits or to request additional education in any subject matter prior to awarding a certification.

This training must include the following minimum requirements:

- a. A minimum of fifteen (15) hours in assessment, to include each of the following:
 - i. Actuarial risk assessment of sexual offenders
 - ii. Assessment of arousal patterns
 - iii. Polygraphy
 - b. A minimum of fifteen (15) hours in clinical evaluation of sexual offenders, to include training specific to each of the following:
 - i. Case conceptualization
 - ii. Differences between contact and non-contact offenders
 - iii. Differences between juvenile and adult offenders
 - iv. Effects associated with intellectual and developmental disabilities, and
 - v. Identification of treatment factors
 - c. A minimum of ten (10) hours in diagnostic concerns specific to sexual offending, to include:
 - i. Paraphilic disorders,
 - ii. Personality disorders, and
 - iii. Psychopathy
 - d. A minimum of twenty (20) hours in treatment of sexual offenders, to include (at a minimum):
 - i. Containment model
 - ii. Good Lives model
 - iii. Impact on victims
 - iv. Impact on family members
 - v. Chaperone training
 - e. A minimum of five (5) hours on the criminal justice system
 - f. A minimum of five (5) hours concerning limits of competence, ethics, legal concerns, and standards of care for sex offender assessment and treatment.
 - g. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.
2. Complete a minimum of five hundred (500) hours of direct clinical intervention with sex offenders or first-degree family members affected by sexual offending.

** Continued on next page*

Certified Sexual Offender Clinician (CSOC) Specific Requirements – continued

3. Complete at least forty (40) hours of clinical supervision of sex offender treatment.
 - a. Supervision may be conducted by any CSOC Supervisor
 - b. Supervision may be conducted by someone who is a recognized expert in this subject matter who is not a predesignated CSOC supervisor, as approved by SASH on a case by case basis. To have such a supervisor approved, the applicant must submit a Supervisor Special Approval Form, along with a copy of the supervisor's vita and a statement of the qualifying nature of the supervision
 - c. A minimum of fifteen (15) hours must be completed in individual (one on one) supervision
 - d. The remaining supervision can occur in groups no larger than six (6) supervisees.
 - e. Supervision must come from at least two supervisors with different theoretical orientations. (supervision hours are equally divided between the two supervisors.)

** Ongoing Certification Requirements may be found on SASH website (sash.net)*

Distinguished Sex Therapist (DST)

Therapists seeking certification as a DST represent the highest level of experience and knowledge in the industry. The Distinguished Sex Therapist credential communicates to the world advanced expertise.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete all requirements for at least three (3) of the four (4) above credentials.
2. At least five (5) years of professional practice in the field of human sexuality while holding licensure to practice independently as a mental health provider.

** Ongoing Certification Requirements may be found on SASH website (sash.net)*

Approved Educational Providers

Training organizations approved by the following continuing education certifying bodies likely meet the educational requirements of the individual certifications offered by SASH. It is the responsibility of the training organization offering continuing education to maintain their status as an approved provider from these organizations.

- American Psychological Association (APA)
- Accreditation Council for Continuing Medical Education (ACCME)
- National Board for Certified Counselors (NBCC- ACEP)
- National Association of Social Workers (NASW)
- Association of Social Work Boards (ASWB-ACE)
- Association of Marriage and Family Therapists (AAMFT)
- NAADAC-The Association for Addiction Professionals



SASH Conference Grievance Procedure

The Society for the Advancement of Sexual Health (SASH) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists. SASH will comply with all legal and ethical responsibilities to be non-discriminatory in promotional activities, program content and in the treatment of program participants. The monitoring and assessment of compliance with these standards will be the responsibility of the Education Chair in consultation with the members of the continuing education committee, the SASH Ethics Chairperson and the Convention Chairperson.

While SASH goes to great lengths to assure fair treatment for all participants and attempts to anticipate problems, there will be occasional issues which come to the attention of the convention staff which require intervention and/or action on the part of the convention staff or an officer of [name of organization]. This procedural description serves as a guideline for handling such grievances.

When a participant, either orally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The Vice President of Education will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the Vice President of Education will mediate and will be the final arbitrator. If the participant requests action, the convention chair will:
 - a. attempt to move the participant to another workshop, or
 - b. provide a credit for a subsequent year's workshop, or
 - c. provide a partial or full refund of the workshop fee.

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.

3. If the grievance concerns the SASH conference CE program, in a specific regard, the Vice President of Education will attempt to arbitrate.

Please contact the following to submit a complaint, or if you have additional questions:

Mary Deitch, JD, Psy.D,
Vice President of Education
mary.deitch@uhsinc.com
610-876-8448
2000 Providence Ave
Chester PA 19013

Leah M. Briick, Executive Director
executivedirector@sash.net
610-348-4783
PO Box 916
Acworth, GA 30152

A photograph of the Seattle skyline at dusk, featuring the Space Needle on the left and various skyscrapers in the background. The sky is filled with dramatic, golden-hued clouds. The image is framed by a yellow geometric pattern of triangles in the top right and bottom corners.

*save the
date!*

**get ready for the 2021 conference
in seattle, washington
OCTOBER 14-16TH, 2021**

SASH SOCIETY FOR THE
ADVANCEMENT OF
SEXUAL HEALTH