**Multi-Session Attachment**

For multi-session programs complete a Multi-Session Attachment for each session to be reviewed.

Title of Presentation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Location (City, State) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date(s) Offered\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Number Credit Hours Offered\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Target audience: Anticipated Attendance\_\_\_\_\_\_\_\_\_\_\_\_

Course Content Learning Level: Beginner Intermediate Advanced

1. Yes No
2. Yes No
3. Yes No

Name of Presenter(s)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Attach presenter CV for each presenter

Presenter Bio:

Describe the presenter’s relevant experience and/or training related to the topic.

Program Abstract:

Learning Objectives including SASH Credential categories listed below

1 objective per every 30 minutes of training. Learning objectives must be observable and measurable.

Learning objectives should (1) focus on the learner, and (2) contain action verbs that describe measurable behaviors.

Please submit objectives in APA format. https://www.apa.org/ed/sponsor/resources/objectives.pdf

SASH maintains standards that professionals need **core knowledge** about human sexuality and **specific skills training** in various topics to effectively work with a client. The applicant should indicate next to each learning objective of the program which credential category the objective meets. For instance: this training applies to CPSBT criteria 1a-30 mins or 1b-30mins) See Categories below. Minimum 30-minute increments.

1.

1. SASH Credential Category the objective covers including time allotted

2.

1. SASH Credential Category the objective covers including time allotted

3.

1. SASH Credential Category the objective covers including time allotted

4.

1. SASH Credential Category the objective covers including time allotted

Academic References and Resources

References and resources that were used to form the basis for the program (seminal works, peer reviewed journals etc. from the last ten years). 1 reference per 30 minutes of training, please submit in proper APA format.

To learn more about APA format: <https://owl.english.purdue.edu/owl/resource/560/07/>

1.

2.

3.

4.

Submit the following with this form, Multi-Session Attachment:

* Marketing materials or brochures for the program listed on the Multi-Session Attachment.
* Schedule/agenda (for trainings over 2 hours or that include a break) for the program listed on the Multi-Session Attachment
* Evaluation summary from the program listed on the Multi-Session Attachment
* Blank evaluation form for the program listed on the Multi-Session Attachment.
* Presenter(s) curriculum vitae for the program listed on the Multi-Session Attachment.
* Sample certificates of completion for the program listed on the Multi-Session Attachment.

**SASH Credential Categories**

SASH maintains a standard that professionals need **core knowledge** about human sexuality and **specific skills training** in various topics to effectively work with a client. The applicant should indicate next to each leaning objective of the program which credential category the objective meets. For instance: this training applies to CPSBT criteria 1a-30 mins or 1b-30mins) See Categories below.

General Human Sexuality Core Knowledge Areas (GHS)

1. Sexual Development, Anatomy, Physiology, and Reproduction
   1. Sexual development across the lifespan from a biological, psychological, and social perspective
   2. Sexual and reproductive anatomy and physiology
   3. Sexual response cycle and models of sexual desire
   4. Theories explaining individual differences in sexuality
   5. Conception and childbirth
2. Sexual Health Challenges
   1. The influence of health and medical factors on sexuality (e.g., illness and infection, disability, mental health, medications, contraception and safer sex practices, fertility struggles, pregnancy and childbirth, pregnancy termination, sexually transmitted infection, physical injuries)
   2. Sexual functioning challenges and dysfunctions (e.g., discrepancy in partner desire, absence of desire, difficulties attaining or sustaining arousal, difficulties with sexual pain and penetration, and orgasm difficulties.)
   3. The interaction of substance use/abuse and sexuality
   4. Sexually transmitted infections
   5. Sexual trauma (e.g., exploitation, abuse, harassment, and assault)
   6. Multiple theories of problematic sexual behavior
3. Sexual Identity and Erotic Expression
   1. Sexual orientation
   2. Gender identity and gender roles
   3. Diverse sexual expressions and lifestyles (e.g., consensual non-monogamy, tantra, BDSM)
   4. Social, economic, cultural, religious/spiritual, and familial factors influencing sexual behaviors and values
   5. The interaction of technology and sexuality
   6. Pleasure enhancement skills, techniques, and tools
4. Intimacy and Relationships
   1. Relationship dynamics and intimacy skills
   2. Sexual communication between partners
   3. Negotiating differences in sexual desire, interests, preferences, and values between partners
   4. Models of effective communication (e.g., verbal and non-verbal communication)
5. Professional Development
   1. Ethics
   2. Professional communication skills (concerning clients, colleagues, and students)
   3. History of the research, theory, and treatment concerning human sexuality
   4. Methods and principles of sexuality research
   5. Careers in sexual health

Problematic Sexual Behavior (CPSBT Requirement 1)

1. Problematic sexual behavior theory and its etiology
2. Assessment and diagnosis related to problematic sexual behaviors
3. Methods of clinical intervention for problematic sexual behaviors
4. Treatment for affected family members
5. Sexuality in diverse populations (e.g., sexual minorities, age, ethnicity, homelessness, substance use population) and differentiating problematic sexual behavior within diverse populations
6. Sexual offender evaluation and treatment
7. Limits of competence, ethics, legal concerns, and standards of care for treatment of problematic sexual behavior
8. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.

Sexual Wellness (CSWT Requirement 1)

1. Theories and methods of sex therapy relating to sexual wellness and functioning
2. Assessment and diagnosis of psychosexual disorders
3. Relationship intervention for problems implicating sex and intimacy
4. Sex therapy intervention techniques:
5. Arousal disorders
6. Desire disorders
7. Orgasmic disorders
8. Paraphilic disorders
9. Pain and discomfort (e.g., Vaginismus, Dyspareunia)
10. Sexual orientation and identity
11. Medical and disability concerns and sexuality
12. Limits of competence, ethics, legal concerns, and standards of care for treatment of sexual wellness
13. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.

Sexual and Relational Trauma (CSRTT Requirement 1)

1. Psychological, biological, emotional, and social experiences of survivors in the aftermath of trauma and posttraumatic symptoms and etiology
2. Theoretical treatment methods specifically tailored to sexual abuse or assault survivors
3. Theoretical treatment methods specifically tailored to sexual relational trauma (e.g., infidelity)
4. Sexual resilience (health, empowerment, safety, and fulfillment) in the aftermath of trauma
5. Limits of competence, ethics, legal concerns, and standards of care for sexual and relational trauma
6. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required

Sexual Offenders (CSOC Requirement 1)

1. Assessment:
   * 1. Actuarial risk assessment of sexual offenders
     2. Assessment of arousal patterns
     3. Polygraphy
2. Clinical evaluation of sexual offenders:
   1. Case conceptualization
   2. Differences between contact and non-contact offenders
   3. Differences between juvenile and adult offenders
   4. Effects associated with intellectual and developmental disabilities
   5. Identification of treatment factors

Sexual Offenders (CSOC Requirement 1) continued

1. Diagnostic specific to sexual offending:
   1. Paraphilic disorders,
   2. Personality disorders,
   3. Psychopathy
2. Treatment of sexual offenders to include (at a minimum):
   1. Containment model
   2. Good lives model
   3. Impact on victims
   4. Impact on family members
   5. Chaperone training
3. The criminal justice system
4. Limits of competence, ethics, legal concerns, and standards of care for sex offender assessment and treatment.
5. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.