

## **Certified Problematic Sexual Behavior Therapist (CPSBT)**

Clinical professionals seeking certification as a CPSBT have an interest in treating individuals struggling with problematic sexual behavior (PSB). These clinicians understand the nuances of PSB and know that only through very specific therapeutic approaches can someone heal.

### **SPECIFIC REQUIREMENTS**

*Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)*

1. Complete a minimum of seventy (70) total hours of training in problematic sexual behavior in the past five (5) years. At least thirty-five (35) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations (see last page). Please note that the SASH Credentialing Committee reserves the right to reject any educational credits or to request additional education in any subject matter prior to awarding a certification.

This training must meet the following minimum requirements:

- a. A minimum of ten (10) hours covering multiple theories of problematic sexual behavior and its etiology
  - b. A minimum of ten (10) hours in assessment and diagnosis related to problematic sexual behaviors
  - c. A minimum of twenty (20) hours in methods of clinical intervention for problematic sexual behavior
  - d. A minimum of ten (10) hours in treatment for affected family members
  - e. A minimum of five (5) hours in factors relating to sexuality in diverse populations (e.g., sexual minorities, age, ethnicity, homelessness, substance use population) and differentiating problematic sexual behavior within diverse populations
  - f. A minimum of five (5) hours in sexual offender evaluation and treatment.
  - g. A minimum of five (5) hours concerning limits of competence, ethics, legal concerns, and standards of care for treatment of problematic sexual behavior
  - h. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.
2. Complete a minimum of five hundred (500) hours of direct clinical intervention with clients or family members affected by problematic sexual behaviors.
  3. Complete at least forty (40) hours of clinical supervision of treatment for problematic sexual behaviors.
    - a. Supervision may be conducted by any CPSBT Supervisor
    - b. Supervision may be conducted by someone who is a recognized expert in this subject matter who is not a predesignated CPSBT supervisor, as approved by SASH on a case-by-case basis. To have such a supervisor approved, the applicant must submit a Supervisor Special Approval Form, along with a copy of the supervisor's vita and a statement of the qualifying nature of the supervision

- c. A minimum of fifteen (15) hours must be completed in individual (one on one) supervision
- d. The remaining supervision can occur in groups no larger than six (6) supervisees
- e. Supervision must come from at least two supervisors with different theoretical orientations. (Supervision hours are equally divided between the two supervisors.)

\* *Ongoing Certification Requirements may be found on SASH website ([sash.net](http://sash.net))*